

Visiting someone in isolation

Before you visit, please read this information.

- **Do not visit if you:**
 - are feeling unwell
 - have had vomiting and or diarrhea within the last 48 hours
 - have a fever with a cough
 - have an undiagnosed rash

Clean your hands

Before:

- providing care to yourself or others
- eating or feeding others

Every time you enter or leave:

- the hospital
- a patient care area
- a patient's room or the NICU

After you:

- cough, sneeze or blow your nose
- use or help someone to the bathroom
- change your baby's diaper
- use equipment shared by others



Stop the spread of germs and infection. Just clean your hands.



When visiting a patient in isolation:

- Put on mask, gown and/or gloves as shown by the sign on the door.
- Place your coats/belongings just inside the isolation room. Do not place personal items on the bed, bedside table or counter by the sink.
- Limit visitors to 2 visitors at any one time. Adult visitors must be responsible for and supervise any child visitor. Child visitors must be big enough to fit into gown and/or gloves. For the safety of both patients and visitors, the nursing staff may have to restrict visiting.
- Limit what you handle in the room. If another patient needs help, call a nurse. Do not remove anything from the room without speaking to the nurse first – including meal trays.
- Remove gown and/or gloves and place them in the containers provided and clean your hands, before leaving the room.
- Do not go to shared patient areas, the kitchen or ice machine. Ask staff for help.

Please talk with the nursing staff if you have any concerns.

This fact sheet provides basic general information only and is to be used as a quick guide, not as a complete resource on the subject. If you have any further questions, ask Infection Prevention & Control, your physician or health care provider.
