

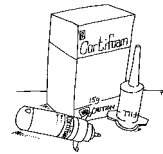
Medication Information Card

Hydrocortisone Acetate Rectal Foam

(Hi – dro – core – tih – zone)

Other names for this medication

Cortifoam[®]



How this medication is used

This medication is used to help treat ulcerative colitis. It helps decrease swelling in the lining of the lower end of the colon and rectum.

How to take this medication

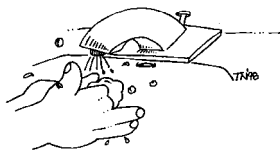
Take this medication exactly as directed by your doctor. You may need help getting this medication ready or putting it into your anus.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

Due to increased risk of infection, check with your doctor before having any vaccinations, flu shots or dental work.

To get the medication ready

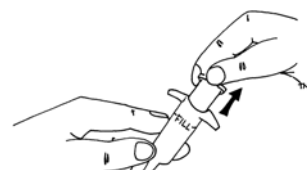
1. Wash your hands.



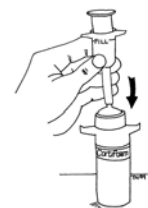
2. Shake the aerosol container well, in the upright position for 20 seconds. After shaking, stand the aerosol container on a flat surface .



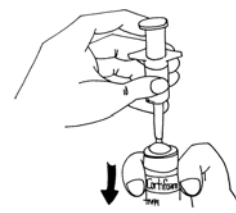
3. Pull the plunger on the applicator back to the FILL line.



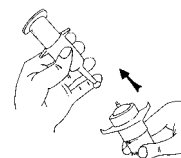
4. Put the applicator tip over the top of the aerosol container.



5. With your fingers resting on the flaps, push the container cap down, then let go. The foam will go into the applicator. Do this until the foam reaches the FILL line. It may take more than one push.



6. Take the applicator off the aerosol container. Leave some foam on the tip.

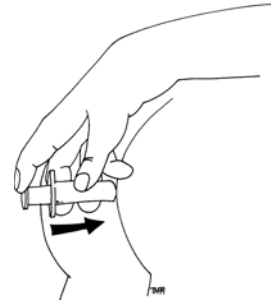


To give the medication

1. Lay on your side with your bottom leg straight and your top leg bent in front of you.

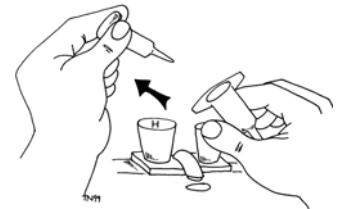
2. Insert the applicator gently into your anus.

3. Push the plunger to let the foam go into your anus.

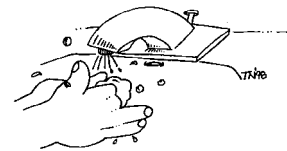


4. Remove the applicator from your anus.

5. Pull the plunger out of the applicator. Wash both parts with warm water. Store in a clean place for next use.



6. Wash your hands well.



✘ Never put the aerosol tip directly in your anus. ✘

While using this medication you may notice

- increased appetite
- trouble sleeping
- nervousness
- trouble staying still
- upset stomach

Contact your doctor if you notice

- rectal itching, burning, pain or bleeding that you did not have before
- sore throat
- fever
- blurred vision
- rounding of face
- skin problems
- muscle weakness or pain
- rapid weight gain
- wounds that will not heal
- unusual bruising
- unusual tiredness or weakness
- increased blood sugar