

# Medication Information Card

## Mirtazapine (Mir – taz – a – pin)

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### Other names for this medication

Remeron  
Remeron RD

There are many other names for this medication.

### How this medication is used

This medication improves mood and treats depression. It helps balance chemicals in the brain.

It may take up to 4 weeks before you get the full effect of this medication.

### How to take this medication

Take this medication exactly as directed by your doctor at the same time each day. Mirtazapine is usually taken once a day before bedtime. This medication can be taken with or without food.

You should not take more of this medication without talking to your doctor first. Do not stop taking this medication without talking to your doctor first.

**RD-Oral Disintegrating Tablets:** With dry hands, carefully remove tablet from foil package. Place tablet on tongue right away. Allow tablet to dissolve. Swallow with or without water.

If you miss a dose of this medication, take it as soon as possible. However, if it is less than 8 hours until the time for your next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

**please turn over →**

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## How to take this medication (continued)

This medication does not mix well with alcohol in the body. Do not drink alcohol such as beer, wine or liquor while taking this medication.

Until you know how this medication makes you feel, do not drive or operate machinery.

Avoid taking herbal products such as St. John's Wart if you take this medication. Talk to your doctor.

If you are pregnant or thinking about getting pregnant, talk to your doctor about the risks and benefits of taking this medication.

Do not stop taking this medication without talking to your doctor first.

## While taking this medication you may notice

- dizziness
- drowsiness
- constipation
- dry mouth
- increased appetite
- weight gain

Many of these effects will go away as your body gets used to the medication. If not, contact your doctor.

To help dry mouth, try sucking sugar-free candy or chewing sugar-free gum. Sucking on ice chips also helps if you are not on a limited fluid diet. Good care of your teeth is very important at this time.

## Contact your doctor if you notice

- skin rash or itchy skin
- restless and excited feelings
- mouth sores, sore throat, fever or chills
- you feel less interested or able to have sex
- behavioural or emotional changes, including thoughts of self-harm or suicide