

Capping off your valved PICC at home after therapy

Supplies

- alcohol wipes
- end cap (2)
- clean towel
- garbage bag
- sterile normal saline
- tape
- 2 – 10 ml syringes of normal saline
- gloves – gloves are worn if you have a cut, a rash or an infection on your hands

Getting ready

1. Remove clothes that get in the way of capping your PICC.
2. Wash your hands.
3. Put your supplies on a clean, unused towel.

Preparing the flush

1. Pick up the prefilled syringes and loosen the end cover.
2. Remove the air from the syringe as taught.
3. Put the prefilled syringes on the towel and open up the packages with the caps. Leave the caps in the package and place on towel.

Be careful not to touch the end of the syringe.

Capping off

1. Turn off pump or IV.
2. Put on gloves if needed.
3. Clean the connections between the IV tubing and the PICC with an alcohol wipe. Rub well for 15 seconds.
4. Disconnect the IV tubing from the PICC. If you need to use the IV tubing again keep it sterile by putting a new end cap at the end of the tubing.
5. Flush the PICC with prefilled syringes using the stop/start method.
6. Attach a new end cap.
7. Secure catheter as taught.

