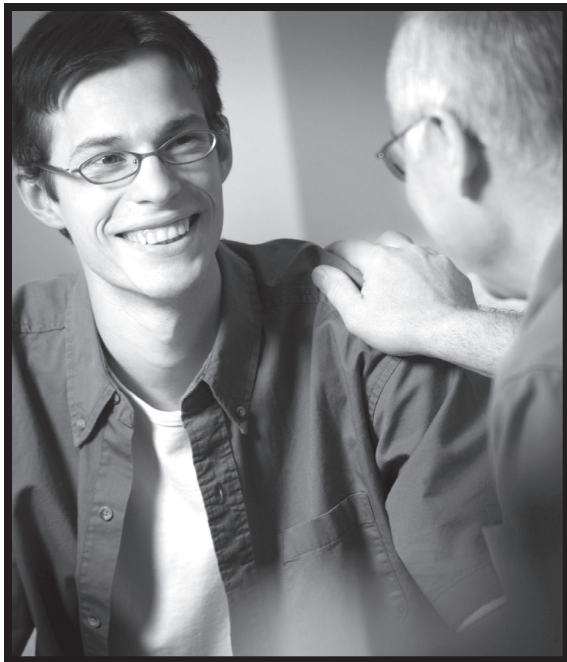


How can I arrange to see a Social Worker?

- Ask your health care provider in the Firestone Clinic to refer you to the Social Worker.
- You can call the Social Work Department and ask to speak with the FIRH Social Worker:
 - Call 905 522-1155 extension 33101.
 - Be prepared to leave a message and someone will call you back.



St. Joseph's
Healthcare  Hamilton

FIRH 
Firestone Institute for Respiratory Health

Department of Social Work

Charlton Campus
50 Charlton Avenue East
Hamilton, Ontario L8N 4A6

Telephone: 905-522-1155 ext. 33101

www.stjoes.ca

PD 8996 (2015-06)

You and Your Social Worker

Do not be shy –
give a social worker a try!



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What can a Social Worker do for You?

As a member of your health care team, the Social Worker works together with you and the team to provide timely, person centered care.

The Social Worker can help with:

- counselling and education to help you and your family deal with the social and emotional effects of illness
- accessing financial supports, housing and other services
- accessing information and services that may be needed to assist you at home
- advocating on your behalf to help meet your needs
- helping you identify your strengths and values that are important to you in your care

When we use the term 'you' we include people who support you such as friends, care givers, care helpers, partners and others when you want them involved.



You can talk to the Social Worker for many reasons.

Here are just a few:

- you have a life changing medical diagnosis and would like to talk about how you will manage
- you have emotions such as feeling sad, stressed or angry that you would like help dealing with safely
- you need help coping with substance abuse
- you would like information and support to help guide you through the health care system, refer you to community resources or get counselling support

Other reasons you may talk to the Social Worker are:

- substitute decision-making such as Advanced Personal Directive for Health Care and Power of Attorney
- financial concerns
- help with getting injury or disability benefits
- crisis counselling
- difficult family situations that might affect your care

