

Medication Information Card

Nefazodone (Nef – a – zoe – done)

Other names for this medication

Serzone-5HT₂[®]

There are many other names for this medication.

How this medication is used

This medication helps improve mood and is used to treat depression.
This medication helps to balance chemicals in the brain.

It may take up to 4 weeks before you get the full effect of this medication.

How to take this medication

Take this medication exactly as directed by your doctor at the same times each day.

If you miss a dose of this medication, do not take the missed dose. Go back to your regular schedule.

Do not take more of this medication without talking to your doctor first.

Do not stop taking this medication without talking to your doctor first.

Avoid drinking alcohol such as wine, beer and liquor while taking this medication.

Until you know how this medication makes you feel, do not drive or operate machinery.

If you are pregnant or thinking about getting pregnant, talk to your doctor about the risks and benefits.

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While taking this medication you may notice

- dry mouth
- nausea
- blurred vision
- dizziness
- headache
- constipation
- drowsiness
- weakness

Many of these effects will go away as your body gets used to the medication. If not, contact your doctor.

To help dry mouth, try sucking sugar-free candy or chewing sugar-free gum. Sucking on ice chips also helps if you are not on a limited fluid diet. Good care of your teeth is very important at this time.

To prevent constipation, eat food high in fibre, drink 6 to 8 glasses of liquid each day and exercise regularly. Food high in fibre includes whole grain products, vegetables and fruit.

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Contact your doctor if you notice

- skin rash or itchy skin
- restless or excited feelings
- unwanted or painful erect penis that does not go away
- yellowing of eyes, skin and dark urine