



St. Joseph's Hamilton Joint Boards of Governors

May 2016

Open Agenda Package – Web Version

Mission: Living the Legacy – Compassionate Care.
Faith. Discovery.

Vision: On behalf of those we are privileged to serve, we will: deliver an integrated high quality care experience, pursue and share knowledge, respect our rich diversity, always remaining faithful to our Roman Catholic values and traditions.

Values: We commit ourselves to demonstrate in all that we undertake, the vision and values that inspired our Founders, the Sisters of St. Joseph. These are: **Dignity, Respect, Service, Justice, Responsibility and Enquiry.**

JBG Values

Dignity – The worth of the person is affirmed & unconditional



Definition

Places high emphasis on the worth and value of the individual and is not dependant or conditional on anything. Dignity is demonstrated by focusing on needs of the person, their comfort, and respecting their choices.

Behaviours

- Concerned with the feelings of their patient or family
- Recognizing the sacredness of human life
- Cultivating the notion of control, confidence and decision making to the patient or family member
- Eliminating events that might embarrass or bring shame to the patient or family member

St. Joseph's Hamilton Joint Boards of Governors – Open Agenda
Thursday, May 26, 2016
3:30 – 6:00 p.m.

Dofasco Boardroom – 2nd Floor – Juravinski Innovation Tower – T2215

Elected Members Mr. Peter Tice (Chair), Mr. Carl Santoni, Mr. Sonny Monzavi, Dr. Mary Guise, Mr. Jim LoPresti, Ms. Carolyn Milne, Mr. Ray Rocci, Ms. Moira Taylor, Mr. Tony Thoma, Mr. David Tonin, Mr. Adriaan Korstanje, Ms. Lynn McNeil, Mr. Rod Dobson.

Ex-Officio Members Dr. Julie Lajoie, Ms. Winnie Doyle, Dr. Tom Stewart, Dr. David Higgins, Dr. John Kelton, Dr. Kevin Smith.

Senior Management Team Mr. Derrick Bernardo, Mrs. Jane Loncke, Dr. Jack Gauldie.

Resource Mrs. Jessica Fry, Mrs. Fadia Voogd, Ms. Sera Filice-Armenio, Ms. Maureen Ellis.

Guest(s) Dr. Alistair Ingram, Mr. Murray Paton, Ms. Bunny Alexander, Ms. Charlene Couture.

VALUES: D = dignity, R1 = respect, S = service, J = justice, R2 = responsibility, E = enquiry

Time	Item	Topic	Motion	Values	Lead	Page
3:30pm	1.0	Call to Order				
	1.1	<i>Opening Prayer and Reflection on DIGNITY</i>		R2	D. Tonin All	
	1.2	<i>Introduction of Guests</i>				
	1.3	<i>Declaration of Conflict of Interest</i>				
	1.4	<i>Approval of Agenda</i>	<u>All JBG Voting Members:</u> THAT THE OPEN AGENDA OF THE MAY 26, 2016 ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS COMMITTEE MEETING BE APPROVED	R2	P. Tice	
3:55pm	2.0	Consent Agenda				
	2.1	<i>Approval of St. Joseph's Hamilton Joint Boards of Governors Open Minutes</i>	<u>All JBG Voting Members:</u> THAT THE OPEN MINUTES OF THE APRIL 28, 2016 ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS MEETING BE APPROVED	R2	P. Tice	

Time	Item	Topic	Motion	Values	Lead	Page
	2.2	<i>Governance Mission and Values Committee Minutes and Motions</i>	<p><u>All JBG Voting Members</u> THAT THE MINUTES OF THE GOVERNANCE, MISSION AND VALUES COMMITTEE MEETING OF MAY 3, 2016 BE ACCEPTED FOR INFORMATION</p> <p><u>All JBG Voting Members</u> THAT THE REVISED CORPORATE POLICY MANAGEMENT RESTRUCTURE BE APPROVED</p> <p><u>All JBG Voting Members</u> THAT THE MINUTES OF THE SPECIAL GOVERNANCE, MISSION AND VALUES COMMITTEE MEETING OF MAY 20, 2016 BE ACCEPTED FOR INFORMATION</p> <p><u>All JBG Voting Members</u> THAT THE NOMINATING REPORT FOR THE YEAR 2016-17 BE APPROVED</p>	R2	S. Monzavi	
	2.3	<i>Resource and Audit Committee Minutes and Motions</i>	<p><u>All JBG Voting Members</u> THAT THE MINUTES OF THE RESOURCE AND AUDIT COMMITTEE MEETING OF MAY 18, 2016 BE ACCEPTED FOR INFORMATION</p> <p><u>SJHH Voting Members</u> THAT THE SJHH AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2016 BE APPROVED</p>			

Time	Item	Topic	Motion	Values	Lead	Page
			<p><u>SJHH Voting Members</u> THAT KPMG LLP BE APPOINTED AUDITORS FOR SJHH FOR THE YEAR ENDING MARCH 31, 2017 BE APPROVED</p> <p><u>SJHC Voting Members</u> THAT THE SJHC AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2016 BE APPROVED</p> <p><u>SJHC Voting Members</u> THAT KPMG LLP BE APPOINTED AUDITORS FOR SJHC FOR THE YEAR ENDING MARCH 31, 2017 BE APPROVED</p> <p><u>SJVD Voting Members</u> THAT KPMG LLP BE APPOINTED AUDITORS FOR SJVD AND SJVD ESTATES FOR THE YEAR ENDING DECEMBER 31, 2016 BE APPROVED</p>			

Time	Item	Topic	Motion	Values	Lead	Page
4:10pm	3.0	Quality & Patient Safety				
	3.1	<i>Quality Committee Minutes, Motions and Report</i>	All JBG Voting Members THAT THE MINUTES OF THE QUALITY COMMITTEE MEETING OF MAY 10, 2016 BE ACCEPTED FOR INFORMATION	S	R. Rocci	
	3.2	<i>Medical Advisory Committee Presentation</i>	<i>Dr. A. Ingram Chief, Department of Medicine</i>	E		
4:20pm	4.0	Reports				
	4.1	<i>Report of Chair</i>		R2	P. Tice	
	4.2	<i>Report of the President and CEO, St. Joseph's Health System</i>		R2	K. Smith	
	4.3	<i>Report of Presidents</i>		R2/S	D. Higgins D. Bernardo J. Loncke	
	4.4	<i>Report of the Chief Nursing Executive</i>		R2/S	W. Doyle	
	4.5	<i>Report of the Vice President Research</i> <i>Annual Research Statistics</i>		R2	J. Gauldie	
	4.6	<i>Report of the Chief of Staff</i>		R2	T. Stewart	
	4.7	<i>Report of President, Medical Staff Association</i>		R2	J. Lajoie	
	4.8	<i>Report of the President SJVD Foundation SJHH Foundation</i>		R2	M. Ellis S. Filice-Armenio	
4:50pm	5.0	Information / Education Items				

Time	Item	Topic	Motion	Values	Lead	Page
	5.1 5.2 5.3 5.4	JBG Closed Summary Walkabout Schedule and Council Meeting Schedule Articles – - Physician Assisted Death - Medical Assistance in Dying: Interim Guidance for Nursing in Ontario - Medical Assistance in Dying - Overview OHA Summary – M. Guise – Effective Governance Collaboration to Advance Integration		R2 / E	P. Tice	
4:50pm	6.0	Adjournment				
	6.1	<i>Motion to adjourn</i>	All JBG Voting Members: THAT THE OPEN SESSION OF THE ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS MEETING BE ADJOURNED		P. Tice	
4:50pm	7.0	Break followed by Closed Session				

Committee: **St. Joseph's Hamilton Joint Boards of Governors – OPEN SESSION** Date: April 28, 2016
 Called to order at: 1530 hours Adjourned: 1640 hours

St. Joseph's Healthcare Hamilton Voting Members:

Mr. P. Tice, Mr. S. Monzavi, Mr. A. Korstanje, Mr. J. LoPresti, Ms. L. McNeil, Mr. C. Santoni, Mr. D. Tonin.

St. Joseph's Villa Dundas Voting Members:

Mr. P. Tice, Mr. S. Monzavi, Mr. A. Korstanje, Mr. R. Rocci, Mrs. M. Taylor, Mr. T. Thoma, Mr. R. Dobson.

St. Joseph's Homecare Hamilton Voting Members:

Mr. P. Tice, Mr. S. Monzavi, Mr. A. Korstanje, Dr. M. Guise, Mrs. M. Taylor, Mrs. C. Milne, Mr. D. Tonin.

Location: Dofasco Boardroom – Juravinski Innovation Tower

Present: Mr. P. Tice – Chair, Mr. T. Thoma, Dr. M. Guise, Ms. W. Doyle, Mr. A. Korstanje, Mrs. M. Taylor, Mr. R. Dobson, Ms. L. McNeil, Dr. J. Lajoie, Mr. D. Tonin, Mr. R. Rocci, Dr. I. Preyra, Mr. S. Monzavi.

Regrets: Mr. J. LoPresti, Dr. T. Stewart, Mrs. C. Milne.

Resource Staff: Dr. D. Higgins, Mrs. F. Voogd, Mrs. J. Fry, Mrs. S. Filice-Armenio, Mr. D. Bernardo.

Guests: Dr. I. Preyra (for MAC).

NEXT MEETING May 26, 2016

Subject	Discussion
<p>1. PROTOCOL</p>	
<p>1.0 CALL TO ORDER</p>	<p>The meeting was called to order at 1530 hours by P. Tice.</p>
<p>1.1 OPENING PRAYER</p>	<p>M. Taylor opened the meeting with a prayer. There was reflection with respect to the value of JUSTICE.</p>
<p>1.2 INTRODUCTION OF GUESTS</p>	<p>All invited guests were introduced.</p>
<p>1.3 DECLARATION OF CONFLICT OF INTEREST</p>	<p>There was no conflict of interest declared.</p>
<p>1.4 APPROVAL OF AGENDA</p>	<p style="text-align: center;"><u>All JBG Voting Members</u></p> <p><i>ON MOTION DULY MADE AND SECONDED THE FOLLOWING RESOLUTION WAS PASSED:</i></p> <p>THAT THE ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS AGENDA BE APPROVED AS CIRCULATED</p>
<p>2. CONSENT AGENDA</p>	
<p>2.1 APPROVAL OF ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS OPEN MINUTES</p>	<p style="text-align: center;"><u>All JBG Voting Members</u></p> <p><i>ON MOTION DULY MADE AND SECONDED THE FOLLOWING RESOLUTION WAS PASSED:</i></p> <p>THAT THE MINUTES OF THE MARCH 31, 2016 ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS COMMITTEE (OPEN SESSION) BE APPROVED</p>

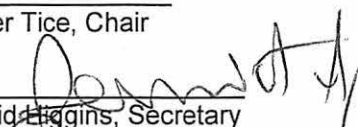
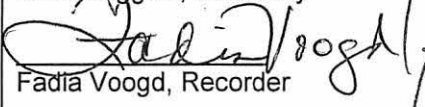
Subject	Discussion
<p>2.2 GOVERNANCE, MISSION AND VALUES COMMITTEE MINUTES AND MOTIONS</p>	<ul style="list-style-type: none"> T. Thoma reviewed the Governance report. <p style="text-align: center;"><u>All JBG Voting Members</u></p> <p><i>ON MOTION DULY MADE AND SECONDED THE FOLLOWING RESOLUTION WAS PASSED:</i></p> <p>THAT THE MINUTES OF THE GOVERNANCE, MISSION AND VALUES COMMITTEE OF APRIL 5, 2016 BE ACCEPTED FOR INFORMATION</p> <p style="text-align: center;"><u>All JBG Voting Members</u></p> <p><i>ON MOTION DULY MADE AND SECONDED THE FOLLOWING RESOLUTION WAS PASSED:</i></p> <p>THAT THE FOLLOWING POLICIES BE APPROVED:</p> <p>JBG#20 – EMERGENCY SUCCESSION PLANNING FOR JBG SITE PRESIDENTS JBG#21 – SITE PRESIDENTS EVALUATION POLICY AND PROCESS JBG#22 – BOARD PEER REVIEW POLICY AND PROCESS</p>
<p>2.3 RESOURCE AND AUDIT COMMITTEE MINUTES AND MOTIONS</p>	<ul style="list-style-type: none"> A. Korstanje reviewed the Resource and Audit Report. <p style="text-align: center;"><u>All JBG Voting Members</u></p> <p><i>ON MOTION DULY MADE AND SECONDED THE FOLLOWING RESOLUTION WAS PASSED:</i></p> <p>THAT THE MINUTES OF THE RESOURCE AND AUDIT COMMITTEE OF APRIL 20, 2016 BE ACCEPTED FOR INFORMATION</p>
<p>3. QUALITY AND PATIENT SAFETY</p> <p>3.1 QUALITY COMMITTEE MINUTES, MOTIONS AND REPORT</p>	<ul style="list-style-type: none"> A patient story from the General Internal Medicine Program was presented. Through teaching, family intervention and treatment education the patient was discharged and was able to continue care at home. A webex on the resident quality inspection at St. Joseph’s Villa was presented. The inspection took place on January 27th 2016. An update on the new Quality Improvement Plans for the SJHH, SJVD and SJHC was presented. The monthly critical incident report for all three JBG organizations was reviewed. <p style="text-align: center;"><u>All JBG Voting Members</u></p> <p><i>ON MOTION DULY MADE AND SECONDED THE FOLLOWING RESOLUTION WAS PASSED:</i></p> <p>THAT THE MINUTES OF THE QUALITY COMMITTEE OF APRIL 12, 2016 BE ACCEPTED FOR INFORMATION</p>

Subject	Discussion
<p>3.2 MEDICAL ADVISORY COMMITTEE GUEST PRESENTATION</p>	<ul style="list-style-type: none"> • Dr. I. Preyra was thanked for his informative presentation on point of care ultrasounds in the Emergency Department.
<p>4. REPORTS</p>	
<p>4.1 REPORT OF CHAIR</p>	<ul style="list-style-type: none"> • It was noted that over 14200 exams have been performed since the program's inception in 2010. The academic diploma program had more than ten applicants for two spots last year, and has generated many research projects, publications and national presentations. 80-85 percent of all exams are reviewed through the quality assurance process, with less than 12 clinical significant discrepancies per year. The presentation has been included as part of these minutes for information. • Thanks were extended to M. Guise who attended the SJHC Quality Committee meeting in April, S. Monzavi and M. Taylor who participated in the first annual review of the Chief of Staff and T. Thoma who attended the Pre-Op Program Quality Council meeting. • Thanks were extended to all who participated in the Paris to Ancaster Ride for Research on April 24th. The Foundation was also thanked for their tremendous success in the Around the Bay Road Race which was held on April 3rd. • The Mental Health Morning event will be held on May 4th. • A tour of the research facilities on the 3rd Floor Juravinski lead by Dr. R. Austin is being organized for either September or October 2016 prior to the start of the board meeting.
<p>4.2 REPORT OF PRESIDENT AND CEO, ST. JOSEPH'S HEALTH SYSTEM</p>	<ul style="list-style-type: none"> • There was no report.
<p>4.3 REPORT OF PRESIDENTS</p>	<ul style="list-style-type: none"> • D. Bernardo provided an update with respect to Ministry of Labour inspections and noted that the number of compliance orders have been reduced significantly. It was noted that the greatest factor in this reduction of orders is the implementation of staff engagement initiatives which includes management walkabouts and staff reward and recognition programs. D. Bernardo and his team were congratulated on this excellent outcome as well as the excellent stats on hand hygiene numbers. • It was noted that the Executive Council on the Prevention of Violence in the Workplace, chaired by Dr. D. Higgins, is continuing work aligning a large number of initiatives and it was noted that a full report will be submitted in the next 4-6 weeks.
<p>4.4 REPORT OF THE CHIEF NURSING OFFICER</p>	<ul style="list-style-type: none"> • Nurses Week will be held during the week of May 9th. The Annual Nursing Dinner will be held on May 11th.
<p>4.5 REPORT OF THE VICE PRESIDENT RESEARCH</p>	<ul style="list-style-type: none"> • There was no report.

Subject	Discussion
<p>4.6 REPORT OF THE CHIEF OF STAFF</p>	<ul style="list-style-type: none"> • An update on the internal review of Violence in the Workplace was provided. It was noted that seven select cases have been confidentially reviewed. The process has included input from managers and front line staff. Recommendations have been shared with external reviewers and SJHH is now awaiting a final report based on initial discussions. • There has been excellent physician buy in with respect to the new chart completion process. . • The Massive Transfusion Protocol has been completed and is on track for MAC approval in June. • A work plan for the Medical Affairs/Chief of Staff Office is currently being developed. An update will be provided by T. Stewart at the next JBG meeting. • T. Stewart is currently chairing the Search Committee for a Chief Medical Information Officer. • A Search Committee for the Joint Renal Lead for SJHH and the Niagara Health System (NHS) is currently underway. It was also noted that J. Dobranowski has been appointed Chief of Diagnostic Imaging at NHS and R. Setrak has been selected Chief of Emergency Medicine at NHS.
<p>4.7 REPORT OF THE PRESIDENT PROFESSIONAL STAFF ASSOCIATION</p>	<ul style="list-style-type: none"> • Two staff members have forwarded their names for the Treasurer position, Professional Staff Association. • An update on the ongoing OMA negotiations with the Province was provided.
<p>4.8 REPORT OF PRESIDENT</p> <p>SJVD FOUNDATION</p> <p>SJHH FOUNDATION</p>	<ul style="list-style-type: none"> • There was no report. • The Around the Bay Road Race was held on Sunday April 3rd. A record amount of \$485K was raised in support of SJHH and patients served by the hospital. The funds will enable the purchase of life-saving equipment and provision of funds for vital research. Eighteen hospital teams made up Team St. Joe's. Thanks were extended to all who participated. • The Paris2Ancaster race was held on Sunday April 24th. The race was very successful as an initial fundraising event with proceeds going towards unrestricted funding for research at the hospital.
<p>5. INFORMATION EDUCATION ITEMS</p>	<ul style="list-style-type: none"> • An update on various walkabouts and quality council meetings attended by JBG members was provided. • JBG Closed Summary • JBG Walkabouts/Education Schedule • Education Item – SJHS and NHS Response to MOHLTC Patient First Paper
<p>6. OTHER BUSINESS</p>	<p>There was no further business.</p>
<p>7. ADJOURNMENT</p>	<p>THAT THE OPEN SESSION OF THE ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS BE ADJOURNED</p>

Subject

Discussion

	<p>Peter Tice, Chair</p> <p> David Higgins, Secretary</p> <p> Fada Voogd, Recorder</p>

St. Joseph's Hamilton Joint Boards of Governors (JBG)

Summary of April 28th, 2016 Closed Meeting Session

Motions Summary

Recommending Committee	Motion
The Medical Advisory Committee	<p>It was voted that the:</p> <ul style="list-style-type: none"> ▪ Minutes of the Medical Advisory Committee of March 3, 2016 be approved (St. Joseph Hamilton Joint Boards of Governors – St. Joseph's Healthcare Hamilton Voting Members). ▪ Recommendation(s) on Credentials of the April 7, 2016 Medical Advisory Committee be approved (St. Joseph Hamilton Joint Boards of Governors – St. Joseph's Healthcare Hamilton Voting Members). ▪ Recommendations of the Research Committee of the April 7, 2016 Medical Advisory Committee be approved (St. Joseph Hamilton Joint Boards of Governors – St. Joseph's Healthcare Hamilton Voting Members).
St. Joseph's Hamilton Joint Boards of Governors	<p>It was voted that the:</p> <ul style="list-style-type: none"> ▪ On motion duly made and seconded the following resolution was unanimously passed: That the Clinical Transformation project budget and financing plan be approved subject to approval by the SJHS Board of Directors (St. Joseph Hamilton Joint Boards of Governors – St. Joseph's Healthcare Hamilton Voting Members). ▪ On motion duly made and seconded the following resolution was unanimously passed: That authorization to proceed to contract negotiations with the highest ranked vendor be approved (St. Joseph Hamilton Joint Boards of Governors – St. Joseph's Healthcare Hamilton Voting Members).

Presentations and Reports to the JBG – Summary

A presentation was provided on the Clinical Transformation RFP, due diligence and fairness process, along with significant detail on the project budget and financing plan. Significant discussion and detailed questioning followed.

OPEN REPORT TO THE ST. JOSEPH'S HAMILTON JOINT BOARDS OF GOVERNORS
MAY 2016

1. Environmental Scan

SJVD: St. John Ambulance Chairman's Award

On May 16th, Ms. Tamara Johnson, SJVD Director Program and Community Support Services, was awarded the Hamilton St. John Ambulance Branch Chairman's Award. The award is an acknowledgement of appreciation for the outstanding support that she provided helping St. John's Ambulance re-locate the First Aid classes and volunteer training due to the recent fire in their building.

SJVD: RNAO Best Practice Spotlight Organization

In collaboration with St. Joseph's Lifecare Centre, a joint proposal has been approved by the RNAO in order to achieve the designation of Best Practice Spotlight Organization. Initiatives include: End of life care, pain, caregiving in relation to dementia, delirium and depression. Health-care and academic organizations are selected by the Registered Nurses' Association of Ontario (RNAO) through a request for proposals process to implement and evaluate the RNAO's best practice guidelines.

This is a dynamic partnership that focuses on making a positive impact on patient care through evidence-based practice. Requests for proposals are released every three years. The Best Practice Spotlight Organization (BPSO) initiative has been a great success. It provides support to organizations that have formally agreed to implement and evaluate multiple RNAO best practice guidelines over a three (3) year period.

SJHH: Ms. Winnie Doyle awarded the Mohawk College Distinguished Fellowship Award

On May 5th Ms. Winnie Doyle, Chief Nursing Executive and Vice President Clinical Services was awarded the Mohawk College Distinguished Fellowship Award. This prestigious award is the highest recognition given by Mohawk College to an individual who has made invaluable contributions to the community. Convocation will be on June 15th at Mohawk College. Congratulations to Winnie on this well-deserved recognition.

SJHH: Dr. Parameswaran Nair receives award from Asthma Society of Canada

Dr. Parameswaran Nair has been named as the third recipient of the Asthma Society of Canada's Bastable-Potts Asthma Research Award. This award recognizes innovative research done by a Canadian researcher that adds to the body of knowledge regarding severe asthma.

Dr. Nair is a Respiriologist at the Firestone Institute for Respiratory Health at St. Joseph's Healthcare Hamilton. He also serves as a Professor of Medicine in the Division of Respirology at McMaster University, and a Research Leader of the Clinical Investigator Collaborative (CIC)-Severe Asthma within the Allergy, Genes and Environment Network (AllerGen NCE), where he leads a Canadian-based Phase II clinical trials group evaluating promising new drug molecules for severe asthma.

The Asthma Society of Canada (ASC) established the Bastable-Potts Asthma Research Fund in 2014, following the receipt of a bequest from the estate of Gail Suzanne Potts, who died in 2012. Mrs. Potts's mother suffered from adult onset asthma and her desire was to advance research into the multiple factors that contribute to its development.

The Bastable-Potts Asthma Research Award will be presented to Dr. Nair in Toronto on May 6, 2016, by

Vanessa Foran, President & CEO of the ASC, and Dr. Susan Wasserman, Chair of the ASC's Medical and Scientific Committee, as part of the ASC's Fighting for Breath Conference focusing on severe asthma.

SJHH: CHILD Study researchers awarded \$6mil to study environment's impact on chronic diseases

St. Joseph's Healthcare Hamilton serves as the National Coordinating Centre for the CHILD Study – a Canadian study that strives to discover how genes and environment can play a role in children's development of asthma, allergies, and other chronic diseases. The CHILD Study researchers across Canada have received a cumulative \$6 million from the Canadian Institutes of Health Research.

This funding announcement will support three new projects launched across the country that will look more closely at environmental factors and the development of asthma, lung diseases and obesity. The study follows the development of infants from pregnancy to five years of age, using questionnaires, biological samples and clinical assessments to carefully measure the development of allergies function of their lungs, and the environment that they live in.

"This funding is evidence of the strategic value of CHILD Study data as a platform for novel research, and will enable important discoveries about how our environment impacts the health of Canadians," says Dr. Malcolm Sears, CHILD Study Director at St. Joseph's Healthcare Hamilton, and a professor of medicine at McMaster University.

SJHH: Canadian Mental Health Associations' (CMHA) 65th Annual Mental Health Week

This month SJHH celebrated the Canadian Mental Health Associations' (CMHA) 65th Annual Mental Health Week. The Canadian Mental Health Association introduced Mental Health Week (MHW) in 1951 to raise awareness of mental illness in Canada. Today, Mental Health Week offers practical ways to maintain and improve mental health, and support recovery from mental illness and addictions, by collaborating with organizations across the country.

This year CMHA has asked organizations and individuals to #GETLOUD about Mental Health. What does #GETLOUD for Mental Health mean? Getting loud means speaking up to stop the discrimination and the stigma that often go hand in hand with mental illness. St. Joseph's Healthcare Hamilton is committed to rethinking the impact of our actions and beliefs on those entrusted to our care. The organization has pledged to treat everyone with kindness and respect and encourage and inspire others to reject the stigma of mental illness and addiction for generations to come. As a community of staff and professionals, there is no room for stigma at St. Joe's. Join SJHH and make some noise about #MentalHealth on social media by using the hashtags #GETLOUD #MHW2016.

SJHH: St. Joe's researcher publishes work on probiotics & mental health

After completing a PhD in clinical psychology at Ryerson University in 2014, Dr. Matilda Nowakowski began to work as a post-doctoral fellow at the Anxiety Treatment and Research Clinic at SJHH. She was awarded the TD Grant in Medical Excellence Postdoctoral Fellowship and the Professional Advisory Council Health Professional Research Award to examine the role of the gut microbiome in irritable bowel syndrome and mental health.

Dr. Nowakowski has recently published a review paper funded by these grants that translates research conducted on gut bacteria by microbiologists and immunologists to a mental health audience. The paper was published in Canadian Psychology and may lead to innovative, new treatments for mental health conditions. There is increasing research evidence in microbiology and immunology that the gut microbiome can influence behaviour and brain functioning. This is an area that is not often focused on by mental health professionals. This review paper helps to explain how these complex, scientific concepts are relevant to the study and treatment of mental illness.

By successfully translating this knowledge from one area of expertise to another, Dr. Nowakowski's research helps to eliminate silos in the complex environment of health research. Fostering an environment of collaboration across disciplines helps researchers and other medical professionals to draw upon each other's work to advance patient care.

Dr. Nowakowski now works as a clinical psychologist at the Pain Clinic (King Campus) and the Anxiety Treatment and Research Clinic (West 5th Campus) at St. Joseph's Healthcare Hamilton and holds an appointment as and Assistant Clinical Professor (Part-Time) with the Department of Psychiatry and Behavioural Neurosciences at McMaster University.

2. Mission, Vision and Values Update

SJVD: Month of May Celebrations

SJVD has combined a number of celebrations in the month of May to recognize staff. Health and Safety Week saw several in-services across units regarding "Violence in the Workplace" throughout the first week in May.

"Hand Hygiene" was celebrated on May 5th. A short video highlighting the importance of hand hygiene was created that included SJVD staff and residents. This video was televised on the three televisions in the three main entrances for staff, families and residents to view. Hand Hygiene is one of the SJVD priorities on the Quality Improvement Plan.

Nurses' Week was celebrated with cake and coffee offered free to nursing staff for the dedicated care provided to the Residents/Patients/Clients every day.

Finally, all staff was able to enjoy a Staff Appreciation Day that hosted vendors of jewellery, cosmetics, essential oils, shoulder massages, and other options for staff. Free SJVD cookbooks were offered to the first 30 staff members who attended. Draws for prizes, some of which was a "Day off with Pay" also occurred throughout the month. At the end of the month, a staff BBQ will be held in recognition of the many organizational successes throughout the year.

SJHH: Nursing Week

National Nursing Week, May 9 – 15, 2016, is a week to celebrate Canadian nurses and their dedication to patient care and the health of Canadians. The Canadian Nurses Association has declared this year's theme "Nurses: With you every step of the way," celebrating the role of nurses at the forefront of effecting change in the quality of health care.

As we celebrate National Nursing Week at SJHH, we would like to recognize and thank our outstanding nurses who play a vital role in continuing to live the legacy. After 125 years, their ongoing leadership and expertise continues to make a positive difference in the lives of those we are privileged to serve.

The Hamilton Spectator published their Annual Nursing Week Supplement which profiles and celebrates the work that nurses do. This includes highlights and features from nurses in Hamilton and surrounding communities. St. Joe's contributed to this insert with two stories: "Personal stories are a gateway for nursing care at St. Joe's" and "Getting close is a risk worth taking for ICU nurses".

To find out more about nursing at SJHH, please visit: <http://www.stjoes.ca/about/nursing>

3. Planning and Development

SJHH: Hamilton's anchor institutions working together - Information Update to City Council

In many jurisdictions across North America (there are particularly good examples in Philadelphia and Cleveland), “anchor institutions” have come together to address complex and challenging issues facing cities. Anchor institutions often include large health care institutions, education institutions, municipal governments, the voluntary sector, and large private sector organizations¹. By working and planning together, strategies and solutions can be developed that are not possible when these institutions work in isolation.

In October 2011, the executive leadership of several anchor institutions were invited to participate in a high-level, strategic discussion at the McMaster Health Forum. The McMaster Health Forum is a highly structured and facilitated event focused on a particular public policy issue where participants review the best evidence, evaluate several possible approaches to solutions, and, where possible, agree on a common course of action. This particular McMaster Health Forum was convened to explore neighbourhood-based approaches to addressing poverty concentration and its impacts on health in Hamilton, and was facilitated by Dr. James Dunn and Dr. John Lavis of McMaster University, and Paul Johnson from the City of Hamilton. Among the results of this forum was agreement among the participants that “introducing coordinating mechanisms and horizontal accountability ‘with teeth’ among the city’s anchor institutions, including a CEO-level forum” would be a key ingredient for success (McMaster Health Forum Stakeholder Dialogue, October 6, 2011).

Following the McMaster Health Forum, executive leadership from the anchor institutions met on an ad-hoc basis approximately once per year, and continued to be facilitated by Dr. Dunn and Paul Johnson. Through these meetings, members decided a more regular and organized forum would be helpful. In the Spring 2015, (now with the provisional title Hamilton Anchor Institution Leadership or HAIL) in-depth meetings were held with individual members to discuss key priorities and strategies to encourage progress toward these priorities. These in-depth interviews allowed the group to galvanize around some key principles and areas of focus.

First, HAIL members agreed they should work together on a small number of issues that are of interest to a majority of members and where the collaborative effort of multiple anchor institutions are required to achieve success. These issues will also enable horizontal, cross-sectoral policy learning and may allow for a more united voice on critical issues facing Hamilton.

Second, there were three initial areas of focus identified: housing and health, community hubs, and a common vision for community growth.

- 1) Housing and health: Members expressed concern at the impact of rising real estate values and rents coupled with the need to find methods to support the health issues (mental and physical) of Hamiltonians in a cost-effective way. In this priority area, led by Hamilton Health Sciences, members are hoping to develop and pilot models that would be scalable across the community.
 - 2) Community hubs: With the provincial government focusing on community hubs, the anchor institutions, led by Mohawk College, are interested in piloting integrated service delivery (health, recreation, education, and social services) at the neighbourhood level.
 - 3) Common vision: Several of the anchor institutions are undergoing major visioning and planning exercises: the City of Hamilton with Our Future Hamilton, Hamilton Health Sciences with Our Healthy
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Future, the HWDSB with Reimagine, and the launch of the 10-year Abacus education initiative by the Hamilton Community Foundation. In addition to these formal visioning initiatives, anchor institutions are often involved in strategic decisions about where and how to deliver services more effectively. In this priority, led by the Hamilton Community Foundation, the anchor institutions are hoping to develop strategies to coordinate and develop synergies in order to maximize the positive impact these institutions can have with citizens.

Finally, for a two-year pilot phase, the anchor institutions agreed to meet quarterly, and members decided to make a small financial contribution based on institution size to resource a part-time staff person and facilitate progress on key priority issues. The Hamilton Community Foundation agreed to administer the funding as an in-kind contribution to the project.

In conclusion, the leaders of Hamilton's anchor institutions coming together to support and build solutions to some of this community's challenges is a very positive development. HAIL members believe that over the next several years these new levels of partnership will reap great rewards for Hamilton.

¹ In Hamilton, the anchor institutions include: the City of Hamilton, Hamilton Community Foundation, Hamilton Health Sciences, St. Joseph's Health Care, the Local Health Integration Network, Hamilton-Wentworth District School Board, Hamilton-Wentworth Catholic District School Board, Hamilton Police Services, Hamilton Chamber of Commerce, McMaster University, Mohawk College, Arcelor-Mittal Dofasco, and the Hamilton Roundtable for Poverty Reduction.

SJVD: SJHH West 5th ALC Proposal

A proposal to address the timely and seamless admission of ALC patients to LTC and ALC patients to assisted living has been forwarded to the SJHH West 5th campus leadership team for review and approval. This program will be located on a 7 bed unit located at the SJHH West 5th campus and will be a collaborative partnership among SJHH, SJVD and SJHC. This proposed program will focus on transitioning patients to their planned destination while leveraging on expertise from SJHC, SJVD, Behavioural Supports Ontario and resources from the SJHH West 5th campus.

SJVD: Eldercare Update- Ethical Issues Survey

SJVD, along with St. Joe's Guelph and Brantford, were invited to participate in a graduate student research project conducted under the supervision of Dr. Sharon Kaaslainen at Queen's University Belfast that interviews nurses revealing the main ethical issues experienced during palliative care provision in nursing homes. The purpose of this study is to compare the outcomes in Northern Ireland to those in Canada to learn if the experiences are similar. The survey has been designed to capture the experiences of the ethical issues when caring for a resident who is receiving palliative care. The results will be kept confidential and SJVD will receive a summary of the study outcomes.

4. Operational Information

SJVD: Retired Priests' Wing

Ira McDonald construction have indicated that the Retired Priest suites will be greater than 95% complete at the time of the ribbon cutting ceremony on June 23rd. They are working with the building officials to organize a partial occupancy for the suites while the common areas are completed and commissioned. The current completion date target is July 8th, 2016.

SJHC: HNHB LHIN Collaborative Care Model

The LHIN Collaborative Care Model Program is at full capacity for hours, with 240 hours per week. The Hamilton Niagara Haldimand Brant Community Care Access Centre (HNHB CCAC) will now be holding a waiting

list for clients. SJHC does have some flexibility to increase hours for patients who have been hospitalized and are returning home, to support them with transition; this flexibility is derived from cancelled hours during the month.

SJHC: First Place Transitional Bed Program

The occupancy for the transitional beds has dropped significantly over the past month, averaging at 21 beds (from 32 available). L. Lawson, Director of Community Support Services, has reached out to hospital partners to determine changes in referral patterns. Hospital staff has reported a larger number of patients who require 'on-site' nursing staff.

L. Norris, Program Manager, and L. Lawson met with SJHH staff to discuss a patient situation and how to improve information sharing and transitions for patients. The meeting was successful because there was an appreciation of each other's roles and responsibilities and how communication may be improved.

The City of Hamilton will be doing upgrades and renovation to 2C (Assistive Living Unit and Transitional Beds) starting in July- August 2016.

SJHC: New Horizon's Community Connector Role

SJHC is in the process of hiring for the 'Community Connector role as part of the Pan Canada proposal. This person will report directly to R. Buckland, Senior Manager of Community Support Services. The goal is to have him/her hired by second week of May 2016. Once hired, SJHC will work with key individuals at the hospital to announce and facilitate this new role.

SJHC: French Language Services

SJHC has submitted the French Language Services survey and work plan as part of our Multi-Sector Accountability Agreement (M-SAA). We will be focusing on translating our Client Services Process, Client Bill of Rights, and Satisfaction Surveys for PSW and Nursing services. With current phone systems, SJHC has added the option of linking a client to a French-speaking staff.

SJHH: Fire at West 5th Campus

The Hamilton Fire Department responded to a fire located within one of the mental health units at the SJHH West 5th Campus at approximately 12:52 a.m. on the morning of May 8th.

The fire was contained to one patient room and that individual was then transported to our Charlton Campus Emergency Department for observation and assessment as precaution and has since returned unharmed. No other patients or employees were injured. All patients were quickly evacuated from the affected area and were accommodated without incident within other units.

The rest of the unit remains operational and not affected. The Hamilton Fire Department responded quickly to the situation and has given an all clear, however the situation remains under investigation by the Fire Marshall at this time.