

CONNECTIONS

September 2007 Volume 7 Issue 5



Kevin's Column

Earlier this month, St. Joseph's Healthcare received important and most welcome news from MPP Judy Marsales on behalf of Minister Smitherman that \$1.6 million in funding had been secured to support a new MRI scanner in addition to our existing machines.

This MRI unit, scheduled to be fully operational by mid-2008, will provide an additional 6,200 scans per year. This funding supports the Ministry's wait times strategy and will play a tremendous role in reducing wait times for this critical diagnostic procedure in our community.

Reducing wait times remains a key health care platform for each of the provincial parties as we approach the provincial election scheduled for October 10th, 2007.

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St. Joseph's Healthcare Hamilton receives \$1.6 million to support second MRI

New unit to support additional 6,200 scans annually

Thanks to the addition of a second MRI machine at St. Joseph's Healthcare, residents in Hamilton and the surrounding region will now have increased access to diagnostic services.

The announcement was made by Liberal MPP, Judy Marsales in the Juravinski Innovation Tower lobby at the Charlton Campus on September 7th. Also in attendance were Hamilton City Councillor Bob Bratina, and Liberal candidate for Hamilton Centre, Steve Ruddick.

St. Joseph's Healthcare will be funded \$1.6 million to operate the new unit at 80 hours per week. Scheduled to be operational by spring/summer 2008, the unit will provide an additional 6,200 scans annually, approximately doubling the number of patients that are currently served at St. Joseph's Healthcare.

"Not only will the new addition help to reduce wait times for diagnostic services in the community, it will also allow St. Joseph's Healthcare to remain at the forefront as one of Canada's most technologically advanced healthcare institutions," says Dr. Kevin Smith, President and CEO of St.

Joseph's Healthcare.

"The addition of a second MRI scanner will enable St. Joseph's Healthcare to expand its existing program and attract and retain the very best in health-care," adds Dr. Smith.

Currently, the MRI program at St. Joseph's Healthcare is the most sought-after training centre for student MRI Technologists from all across Canada. Since opening in 2001, 15 MRI Fellows (Radiologists specializing in MRI) have been trained at St. Joseph's Healthcare. This program now has a waiting list that consists of MRI Fellows from all over the globe.

"The academic and clinical support for this new addition is tremendously important and with these partners and those within our LHIN, we have the opportunity to advance clinical care and provide training and



Liberal MPP Judy Marsales announces SJHH to receive a second MRI scanner.

understanding in Imaging Technology which will ultimately lead to improving patient care," adds Dr. Smith.

"We opened our existing scanner to the most intense quality review and scrutiny possible," says Dr. Julian Dobranowski, Radiologist at St. Joseph's Healthcare. "The MRI program at St. Joseph's Healthcare is now the only such program in Canada that has received full American College of Radiation (ACR) Accreditation for the highest quality standards. We are committed to doing the same with this new MRI scanner."

CONNECTIONS has had a facelift! Along with a fresh new look, we've added some new features to keep you informed of the latest activities, events and accomplishments at SJHH. Read on for more details!

Mission on the Move

A regular update on recent achievements and progress to date in our Corporate and Clinical Attention Areas

Clinical Quality

In launching our strategic plan, St. Joseph's Healthcare Hamilton is securing its future as a national leader in terms of clinical quality, research and academics. In doing so, we have identified a number of key areas in which we will work with our partners in the province and LHIN to deliver secondary, tertiary, and quaternary care. These clinical attention areas include the Chest Program, Diagnostic Imaging, Kidney-Urinary, Mental Health & Addictions, Orthopedics, Ophthalmology, and Cancer Surgery. In the coming months, each issue of Connections will highlight the investments we have made in our attention areas, beginning this month with Diagnostic Imaging.

We recognize however that every program is critical to our patients and our long term success as an academic health science centre. As a result, we will continue to deliver quality care and provide superior academic training in Anesthesia, Cardiac Care Complex Continuing Care & Rehabilitation, Emergency Medicine, Family Medicine, General Medicine and Sub-specialties, General Surgery & Sub-specialties, Laboratory Medicine, Obstetrics and Gynecology, and Pediatrics.

Performance Measurement

Patients, partners, and providers across Canada are demanding greater accountability and transparency. As such, St. Joseph's Healthcare will be a leader in measuring performance and using evidence to improve quality of care. In addition to creating a common clinical data warehouse with our partners to benchmark our performance against national standards, we will implement the balanced scorecard at the board, executive and program levels, and invest in improved documentation systems. St. Joseph's continues to perform well. Our wait times continue to decrease, our average length of stay is ahead of national benchmarks, our readmission rate continues to improve, and we received favourable utilization, patient safety & quality scores in both the CIHI-Hay Group Benchmarking Report & OHA Hospital Report Card.

Diagnostic Imaging

The emergence and importance of technological advancements in healthcare over the past decade has been profound. SJHH has long been a leader and will continue to be at the cutting edge in Diagnostic Imaging and other technologies, by appropriately supporting each patient's care path. We will be a key partner in the Ministry's wait time strategy as it relates to MRI & CT scanning, and participate in developing a regional plan to implement a comprehensive digital imaging repository. All of this will permit easier electronic transfer of diagnostic scans and enable us to provide state of the art diagnostic and intervention care to all of our patients. Recent investments including the announcement of a new 2nd MRI unit and a new Angiography suite will assist us in decreasing wait times to critical treatments and diagnostic procedures.



Patient Safety

Patient safety is the number one health care issue today. As such, we will become one of Canada's safest academic hospitals. To do this we will build on our culture of shared responsibility through open communication and teamwork among our healthcare professionals, patients, and families. Specific patient safety initiatives SJHH is currently embarking upon include our participation in three interventions within the national Safer Healthcare Now campaign 1) reduce the number of medication errors, 2) reduce the rate of ventilator associated pneumonia, and 3) reduce the number of Code Blue calls in non-critical care areas. Additionally, starting in October 2007, the hospital will offer workshop training to over 2,500 front-line clinical staff on the importance of patient safety and how we can improve care in a collaborative, non punitive, learning environment. Staff interested in attending should contact their manager for more information.

Living the Mission

A spotlight on staff, physicians and volunteers who demonstrate the St. Joseph's Healthcare Mission in Action

Here's a letter that was sent to us recently by one of our patients:

To whom it may concern:

My wife and I would like to express our thanks for the excellent service which I have enjoyed following my heart attack in February 2004. I could not have asked for better care at the time I was in hospital, but I want to focus on the care that has been provided in the studies that I have been involved in since then.

It was my privilege to participate in a study on a new drug which it is hoped would be helpful to post-cardiac patients. Dr. James Douketis was in charge. The study nurses were outstanding health professionals who not only were very careful in their technical duties, but were also outstanding human beings. Their sensitivity, wisdom and care were much appreciated. They were a most positive factor in my ongoing healing process. I want to register a salute to nurses Eleanor Kent, Mary Jane Sayles and most recently, Lianna Butler. You are fortunate to have had them on the research staff at St. Joseph's Healthcare. I wish them all well in their continuing medical careers.

*Sincerely,
Mr. D.V. Nathanson*

The results of the Culture of Giving are in...

The mission of St. Joseph's Healthcare Hamilton is alive and well - both inside AND outside the hospital walls.

Earlier this year, the Culture of Giving survey was distributed throughout the hospital. As part of the SJHH Service Excellence initiative, the purpose of this questionnaire was to define and recognize the culture of giving that exists within the hospital and the impact that employees have on their community through their volunteerism and philanthropy.

The results of this survey have been tabulated and are definitely something to be celebrated.

81% of respondents volunteer to help a good cause, 45% were personally affected by the cause and 38% volunteered to benefit their children.

The main focus of volunteering activity is in the education sector. Other top areas include social services,

religious groups, sports and recreation and health care.

On average, 36% of those who volunteer have done so for 15 years or more.

Nearly one-third of respondents volunteer between 50-150 hours annually.

Of those who currently do not volunteer, 84% say that lack of time was the biggest impediment.

Just under 100% of the respondents contribute financially to a wide array of local causes - 62% contribute to the healthcare sector.

The results of this survey demonstrate the tremendous impact that our employees on the lives of those, not only in the hospital, but also within the community. The results of this survey confirmed that St. Joseph's Healthcare employees are dedicated to going above and beyond.

University students recognized for volunteerism

Sister Joan O'Sullivan graduated from the St. Joseph's Hospital School of Nursing and received her MScN from the University of Western Ontario. She was an instructor and Director of Nursing Education and Nursing Services at St. Joseph's Hospital and was appointed as the Executive Director in 1979 and eventually, CEO. Sr. Joan retired in 1988.

The St. Joseph's Healthcare Volunteer Association celebrates the contributions of Sister Joan O'Sullivan through the presentation of an annual student volunteer scholarship in her honour. The Sister Joan O'Sullivan Scholarship Award is awarded to two successful student volunteers who have actively volunteered at St. Joseph's Healthcare for at least two years and have dedicated at least 200 volunteer hours to the hospital. Each recipient is awarded \$1250 to supplement their post-secondary education costs.

This year's recipients of the Sister Joan O'Sullivan Scholarship Award are Daisy Lui and Rachel Snaidero.

Daisy is currently a 3rd year student at McMaster University. A Dean's Honour list student, Daisy's career goal is to become a physician. Rachel has just started her studies at McMaster and is working towards a Bachelor of Health Sciences. She too has plans to become a physician.

Congratulations to both Daisy and Rachel. Best of luck with your studies!



From L to R: Rachel Snaidero, Sister Joan O'Sullivan and Daisy Lui

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Along with wait time reduction strategies, the parties have presented health platforms addressing issues of recruitment and retention, health system sustainability and our aging population.

For the first time in decades, a provincial referendum will also take place on

Election Day. Voters will decide whether to change the province's traditional electoral system - known as first-past-the-post (FPTP). The alternative is a system proposed by a provincially appointed citizens assembly on electoral reform - mixed member proportional or MMP.

A provincial election can play a significant role in changing the healthcare landscape. With that in mind, I encourage you to exercise your right to vote on Election Day.

*Dr. Kevin Smith
President and CEO*

Second Cup now open for business 24/7

Based on employee feedback obtained at our most recent Town Hall, we have collaborated with Second Cup to increase its service to 24 hours-a-day, seven days-a-week, effective October 1st. This will apply to the Charlton Campus main lobby location only. Please note that the Second Cup location in Fontbonne will be open 7:00 a.m. to 4:00 p.m. daily.

HMECU branch to open at Charlton

On October 1st, a brand new Healthcare & Employees' Credit Union (HMECU) branch office is opening at St. Joseph's Healthcare's Charlton Campus. It will be located just behind the main reception desk next to the security office. All SJHH employees are invited to open an HMECU account and get an atm/debit card at the same time. HMECU members never pay the surcharge fee when using our hospital bank machines.

Effective September 10th, a portion of every \$1.50 atm service charge will be donated to the hospital.

Gifts remain unclaimed

Please note that we still have a large quantity of Long Service gifts that have not been picked up from the Public Affairs department, Rm. T1407 in the Juravinski Innovation Tower. If you ordered a gift and have still not picked it up, please do so as soon as possible. If you have any questions, please contact the Public Affairs department at ext. 33408.

Leadership Walkabouts

Key highlights and feedback from recent Leadership Walkabouts.

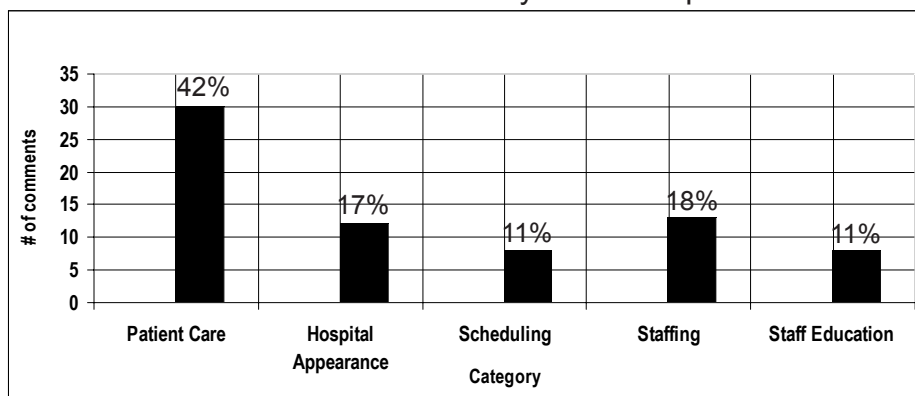
In September 2006 SJHH conducted an organization wide Culture Audit. The responses of the 70% SJHH employees that submitted the survey was that "senior leaders are not in touch with issues and challenges and are not visible enough". As part of our continued commitment to Service Excellence, SJHH is commencing "Leadership Walkabouts" to increase open communication.

Members of the Executive Team will visit at least one area monthly and discuss a current topic with staff. These sessions are intended to inform on and discuss new hospital initiatives and provide feedback. The sessions are documented to capture the general discussion and opinions of staff and not to link comments to specific staff. Currently, the topic is Service Excellence. This is a corporate strategic direction that aims to maintain the Mission and Vision of the Sisters of St. Joseph through CARE (Compassion, Attitude, Responsiveness and Excellence).

Walkabout sessions obtained feedback from approximately 315 SJHH staff from April to August 2007. Staff provided much important feedback with reoccurring themes thus enabling categorization of session topics. The table below summarizes the percentage occurrence of comments by category. These topics will be followed up on and updates will be provided in the form of CEO Town Hall's and Connections.

Thank you to all staff who participated in the Leadership Walkabouts.

Distribution Of Issues Identified By Leadership Walkabouts



National Occupational Therapy Month

Helen Francis, Occupational Therapist, OT Department

Occupational Therapy helps to solve problems that interfere with a person's ability to do the things that he or she feels are important. It can also prevent a problem or minimize the effects of an injury, illness, disability or condition.

Occupational Therapists believe that occupations (activities) describe who you are and how you feel about yourself. If you are unable to do the things you want, or need to do, to live and enjoy your life, your general well-being may be affected.

Occupational Therapists work to break down the barriers, which impede individuals in their everyday tasks.

At St. Joseph's Healthcare, Occupational Therapists work within all of our programs with clients through the continuum of care. They may work on acute units assessing a client's safety managing in the kitchen after being diagnosed with early dementia. On the rehabilitation unit, they may make recommendations about how a client can adapt their home to

improve their access in a wheelchair. They may work on activities with a client in a mental health program to improve their concentration and ability to manage finances. They may work with outpatients fabricating orthotics to provide pressure relief and proper alignment of the ankle, hip, and back.

This year's National Occupational Therapy Month theme is "Yes I Can!" and communicates that all people can and should participate in

their desired activities, regardless of age or ability. Occupational Therapists play a key role in working to create inclusive communities that promote equal participation and are accessible to everyone.

Take a break from your afternoon to come and join us for an Open House with fun and an interactive session to celebrate Occupational Therapy month on October 19th from 1.00pm to 2.30pm! Refreshments will be served and door prizes to be won!

St. Joseph's Healthcare is proud to be part of healthcare Accreditation pilot

St. Joseph's Healthcare is continually seeking ways of ensuring that we provide the highest quality of patient care. In an effort to do that, we participate in the Canadian Council on Health Services Accreditation (CCHSA) process every three years. This mandatory process is a way to assist healthcare organizations across the country in defining, measuring, reporting and improving the quality of their care and service. It also provides recognition that an organization's services meet national standards of quality.

The CCHSA's accreditation process consists of three components including a comprehensive self-assessment, an on-site survey conducted by a team of healthcare professionals, and follow-up action for improvements. Organizations examine all areas of their service, obtain advice from peers, and involve partners and clients during on-site interviews.

Given the increasing emphasis in healthcare toward patient safety, accountability and continuous improvement, St. Joseph's Healthcare and CCHSA want to see accreditation become part of ongoing improvement efforts rather

than just an isolated event that occurs every three years. With this in mind, the CCHSA has undertaken a major revision of the accreditation program with a view to making it more relevant, flexible and inclusive of frontline staff.

St. Joseph's Healthcare Hamilton is one of only 12 sites across Canada currently participating in a pilot of this new program. Nine programs/services volunteered for the pilot: Emergency, OR, Diagnostic Imaging, Maternal Child, Mental Health, Nephrology, Infection Control, Senior Leadership and the Board of Trustees.

"Involvement in this pilot gives us a head start in the new accreditation process and allows us to gain a better grounding on what we can expect from the real Accreditation set for May 2008," says Romeo Cercone, VP Quality, CCC, Rehab & LTC and Chair of the Accreditation Steering Committee.

Ann Higgins, Quality & Patient Safety Consultant and Accreditation Lead, attributes St. Joseph's Healthcare's success thus far to the incredible work already undertaken by the programs/services that

volunteered for the pilot.

"These teams have really pulled together and despite some challenges and shifting expectations inherent in a pilot, they have shown an enormous commitment to the process and to making improvements. With the work already started, it allows us to keep the momentum going for the full Accreditation."

Many frontline staff completed an online questionnaire in the spring and the next step in this pilot will be the on-site survey taking place October 14 - 17. Six surveyors will visit St. Joseph's Healthcare and over the four days, they will visit the pilot areas to observe and speak with frontline staff and patients. In preparation for the visit, briefing sessions will be held for clinical and administrative staff from each of the programs involved. Communications will also be disseminated to the patients and staff at the unit level.

Ruth Stevenson, Manager, Infection Control sums up the feelings of many of the volunteer teams: "While it hasn't all been easy, it (the pilot) has been a good experience overall. Not only will we learn, but hopefully CCHSA will learn from our feedback as well."

Body Watch

A Toast to Heart Health!

Do you wonder if a drink a day can help prevent heart disease? Red wine and other alcoholic beverages have been the subject of heart disease research. While the answers aren't yet conclusive, it appears that moderate alcohol consumption may help reduce heart disease risk.

This potential benefit is not a reason to start drinking. The research reports that moderate amounts of alcohol, one to two drinks per day, can help increase HDL cholesterol and may slow formation of LDL, the bad cholesterol. Alcohol consumption was part of a routine that included a low-fat eating plan and regular physical activity, two habits anyone can benefit from.

More and more research is looking at compounds in foods that may maximize health. Until research makes a positive conclusion, don't deviate from the tried and true, consume a wide variety of food from the Food Guide and include regular physical activity.

Body Watch is a monthly column on health and nutrition written by the Dietitians of SJHH and Dietitians of Canada.

Public Affairs honoured nationally

Congratulations to the St. Joseph's Healthcare Public Affairs department for taking home top honours at this year's Health Care Public Relations Association of Canada's (HCPRA) annual Hygeia Awards. The department won first place in the Multimedia Communications category for the development of the Cineplex Famous Players Advertisement that aired during the month of December 2006. This advertisement was developed to support the recruitment efforts of the Human Resources department and to increase visibility of the organization within the community.

These annual awards recognize excellence in Canadian health care communications, and help to encourage Canadian health care public relations professionals to strive to meet the highest standards in their work. The Health Care Public Relations Association, with more than 200 members nationwide, is the only organization focused on concerns of the public relations professional in the Canadian health care setting.

Robertson Memorial Award honours leadership in nursing practice

The Robertson Memorial Award for Nursing Leadership and Innovation Practice is a newly established award at St. Joseph's Healthcare. Set up by the Watson and Wilson families, this award honours two sisters - Barbara Jean Wilson (nee Robertson) and Sandra Agnes Alexandra Watson (nee Robertson). Both women were alumnae of the St. Joseph's School of Nursing.

The award was spear-headed by Dr. Donald Wilson, husband of the late Barbara Jean, and a



Ms. Sandra Agnes Alexandra Watson (nee Robertson)

retired cardiovascular surgeon. Dr. Wilson hopes that the funds will be used to support individual nurses or nursing teams at St. Joseph's Healthcare who pursue further educational opportunities and innovative practices to strengthen their nursing leadership skills and strive to share that new knowledge with others.

Dr. Wilson explains the motivation behind the gift. "Both girls graduated from St. Joseph's Hospital's School of Nursing and went on to work in nursing. I know from my many years of working in healthcare, that nursing is a hard profession. Nurses have always been the major part of healthcare - with-

out the nurse we have no healthcare system."

Both women were born in Niagara Falls, Ontario - Sandra, in 1939 and Barbara Jean in 1941. They received their RN designation from St. Joseph's Hospital's School of Nursing in Hamilton in the 1960's. Sandra practiced nursing at the Greater Niagara General Hospital in Niagara Falls, while Barbara Jean practiced at Foothills Hospital in Calgary, at Mount Sinai Hospital in Toronto and at Toronto Western Hospital.

Donald and Barbara Jean married on June 19, 1976. "Barbara and I worked together at the Toronto Western Hospital - that's where we first met. I was a cardiac surgeon working in the Department of Surgery and she was a nurse in that department. Barbara was one of the nurses to pioneer in the usage of the cardiac by-pass pump," he adds.

Sandra died in 1985 of complications from Multiple Sclerosis and in April 2006, Barbara Jean died after a courageous fight against breast cancer.

With the memories of Sandra and Barbara Jean in mind, Dr. Wilson discusses what they hope to accomplish through the establishment of this award. "There are two things we would like to see happen. First, for nurses to have the opportunity to meet and talk to others in healthcare, to discuss the different issues and aspects of nursing which will offer them a wider perspective on nursing; Second, to be able to develop new skills and expertise that will allow them to adopt different principles and to expand their contributions to healthcare."



Dr. Donald Wilson with his niece, Ms. Donna Watson

Dr. Wilson also shares his thoughts about the new millennium of healthcare and how nurses will take on an even more vital role in the medical community to meet the expanding healthcare needs. "The healthcare environment has changed in the last 10 years and requires a much broader skill

healthcare and nurses need to keep on learning in this ever-changing, fast-paced world. I hope this award will help them with this daunting challenge."

The Robertson Memorial Award for Nursing Leadership and Innovation Practice is indeed a fitting tribute to two nurses who have shared their knowledge, wisdom and compassionate spirit while helping patients across this province.

Dr. Wilson, too, has spent a long and accomplished career in healthcare, and shares his definitive and forward-thinking thoughts on our healthcare system. "Everyone should donate to healthcare. Whether they like to admit it or not, healthcare will be important to them in their future. The whole approach to healthcare has changed remarkably - and research and development has to be supported in order to keep up with advances and make progress. It's expensive, but necessary. You need to support our healthcare system now so the answers will be ready when you need them."



Ms. Barbara Jean Wilson (nee Robertson)

set for nurses. They need to work across a diverse area of patient care, they have to be communicators, facilitators... they need technical skills and people skills. There has been quite a transformation in

Temperatures rise at St. Joseph's Healthcare's annual staff BBQs

Despite a few raindrops that forced us to stay indoors for the Mountain Campus' Summer Sizzler BBQ, this year's events all proved to be huge successes. Hundreds turning out to enjoy some great food, fantastic entertainment and awesome prizes!

St. Joseph's Healthcare employees were not the only ones who benefited from these events. Thanks to Karen Candy, Manager of Security Services and her staff who organized the food drive, the Diagnostic Imaging department and the countless who gave a donation of a non-perishable food item, the Mission Services food bank has been able to fill its shelves.

Many thanks to everyone who turned out and a special thank you to Morrison's Catering, the Karaoke Kid, the Phil and John Show and Kenny Emberson for their fantastic musical talents and to the following sponsors: HMECU, Honeywell and TD Insurance for their generous support of this year's staff BBQ.



Register now for the 2007/2008 Professional Development Series

By Sarah McVanel, Training and Organizational Development Specialist, Educational Services

Educational Services is pleased to announce the return of the SJHH Professional Development Series! The Professional Development Series offers a variety of workshops eligible to SJHH staff, students, physicians, volunteers and affiliated partners.

The philosophy of the SJHH Professional Development Series is to give back. The Series seeks to acknowledge the skills and abilities of staff and affiliated partners as well as to provide a framework for future growth. It would not have been possible without the support of many "change agents" through SJHH, thereby speaking to the value of partnerships to move into an Innovative, Amazing, Motivating, and Integrated Tomorrow - "I AM IT"!

Attendees who participate in at least six 1/2 day sessions receive the SJHH Professional Development Certificate 2007/8 with the following benefits:

- ① A framed Certificate
- ② Recognition at a Ceremony in May 2008
- ③ A letter sent to the recipient's manager
- ④ A letter sent to HR for their file
- ⑤ Recognition in Connections newsletter

For a full listing of courses with dates, times and locations, please visit the Info and Events posting on your email or speak with your Manager. To register, please contact Maureen Williams at mwilliam@stjoes.ca or by phoning ext. 36281. Hope to see you there!

2007/2008 PDS Schedule

- Sept. 25 What is Professional Development? Creating a Plan for Career Success, Using Your Emotional Intelligence
- Sept. 28 Managing Time Effectively
- Oct. 5 Understanding Interpersonal Communication
- Oct. 5 or Apr. 22 Assertiveness in the Workplace
- Oct. 12 Understanding and Dealing with Change
- Oct. 23 Understanding Teams
- Nov. 21 or Nov. 27 From Here to There: Principles and Practices of Successful Project Management
- Nov. 21 The Emotional Bank Account, Harmony and Balance through Meditation
- Dec. 11 or Apr. 22 Types of Conflict and Strategies for Managing It
- Jan. 14 What Successful Presentations are Made Of: Learning the Basics, Beyond Envisioning Your Audience Without Clothes: Tips for Managing Presentation Anxiety, The Three P's of Successful Presentations: Preparation, Practice and Performance, Technology as Friend or Foe: Tips for Successful PowerPoint Presentations
- Feb. 6 Building a Culture of Professionalism
- Mar. 5 Who is Responsible for the Stress in Your Life?, Generational Issues in Healthcare
- Mar. 18 Understanding the Importance of Body Language, Diplomacy in Action: How to Manage Conflicts and Prevent Communication Problems
- Apr. 8 Rewards and Recognition: Bringing Out the Best in Us, Giving and Receiving Constructive Feedback



ST. JOSEPH'S HEALTHCARE FOUNDATION DREAM VACATION RAFFLE

CONTEST DETAILS

Win a glamorous trip to New York City! Enjoy a fabulous Broadway show, shop in the fashion district, or dine at some of the finest restaurants in the world. This trip for two has a maximum value of \$5,000 and includes roundtrip airfare, accommodations for 3 days and much more. Destination may be substituted by the winner.

Raffle ticket: \$50 each or 3 for \$100
Number of tickets printed: 500

The winning ticket will be drawn at the St. Joseph's Healthcare Foundation Holiday Gala on Friday, November 16, 2007, Burlington Convention Centre. (Approx. 10 p.m.)

The winning ticket number will be published on the Foundation website at www.stjoesfoundation.ca.

All travel must be completed by December 31, 2008.

Trip can not be redeemed for cash.

Licence: M533370

To purchase a ticket on your credit card or for more information, please call the Foundation at **905-522-1155 x 35981**

St. Joseph's Healthcare Foundation
274 James Street South
Hamilton, ON L8P 3A9



Save the date!

Health Research Community Forum
Beyond the Business Case: Mental Illness in the Workplace
October 4th, 2007
7:30 a.m. Breakfast
8:00 a.m. Book Launch
8:30 a.m. Panel Discussion
FREE Admission - spaces limited
RSVP to Kellie at ext. 34341

10th Annual St. Joseph's Healthcare Foundation Holiday Gala
It's a Wonderful Life
November 16th, 2007

Go the extra mile for St. Joseph's Healthcare!
114th Around the Bay Road Race in support of
St. Joseph's Healthcare Foundation
March 30th, 2008

Put together your own "Team St. Joseph's" - with co-workers, family and friends, and join us on race day in raising funds for St. Joseph's Healthcare.

For more information on any of our events and fundraising activities, please contact the Foundation at: (905) 521-6036 or visit www.stjoesfoundation.ca

And the latest PayDay Payout winners are...

August 8th, 2007

Brandi Roque from the Medical Assessment Unit won \$4,213.50.

August 23rd, 2007

Katherine Phillips from Womankind Addiction Services won \$4,249.50.

September 6th, 2007

Karen Fraser from Nuclear Cardiology won \$4,243.50.

Every payday, staff members have a chance to win.
To enroll visit our website at www.stjoesfoundation.ca

In order to demonstrate complete transparency and to uphold the ethics of fundraising, Foundation staff do not participate in the Payday Payout lottery.

CONNECTIONS

is published monthly by the St. Joseph's Healthcare Public Affairs Department.

We want to hear from you!

Please send us your comments, suggestions, story ideas or submissions. The Public Affairs Department reserves the right to edit and print your submissions as space permits. Submissions are subject to approval.

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