

President's Message



I am delighted to be writing my first message of what I hope will be many as President. This is a great honour for me. In the course of my career at St. Joe's, I have worked in most units and have helped care for patients with staff in all departments. I am aware of the stresses and pressures that present in a very busy hospital as we strive to care for sick patients. As you all know, no matter what your job may be, we all are here solely to ensure that we, as an organization are able to care for our patients. Now, more than ever, it is crucial that we focus our attention on how we deliver care. Throughout the world the cost of healthcare is escalating; our patients, our funders and society at large are increasingly expecting that we deliver safe and high quality care. I welcome that expectation and though, in order to do so, we must do more with less. It is a simple fact that, like all sectors, over the next 18-24 months, we are obliged to respond to significant budget pressures including the recent global economic meltdown. In response to our cost pressures and the expectation to achieve a balanced budget, we had to enact savings of \$6 million. At St. Joe's, we have made admirable progress in delivering savings that have gone directly to preserving clinical programs, the delivery of care and ensuring that we minimize impact on our staff.

Cont'd on Pg. 4

\$1.2 million raised for St. Joseph's Health System Haiti Relief efforts

HAITI MEDIA TELETHON

Several weeks after a devastating earthquake hit Haiti, donations continue to pour in for St. Joseph's Health System Haiti Relief. To date, more than \$1.2 million has been raised; with \$565,000 of that total coming from the Haiti Media Telethon held in January.

"What the St. Joseph's Healthcare staff, its community and its partners have accomplished is truly inspiring," says Brian Guest, Executive Lead, Corporate Renewal and International Outreach Program. "This money will directly support immediate aid for Haiti – through medical supplies, on the ground care, and beginning the long process of rebuilding the healthcare that is so desperately needed in Haiti."

Cont'd on Pg. 2

What's the story behind that name?

Many of us walk through these areas of the hospital on a daily basis - at lunch on our way to the cafeteria, at 2:00 p.m. to grab a coffee or every second Thursday to pick up our paystubs at the Finance office. When we give directions to a lost visitor, we reference these areas of the hospital... Fontbonne, Marion Wing, Martha Wing, Mary Grace. Do we know anything about the people behind these names? We know that every one of them were remarkable individuals who gave of themselves to those in need.

What's the story behind that name? is a new series that highlights those individuals and the work they have done to help establish this organization. We hope you enjoy this first installment.

Mother St. John Fontbonne

Superior General-Sisters of St. Joseph of Lyons, France

In 1650, a Jesuit priest in LePuy, France gathered together six women to form a community and for the following century and a half, the Sisters of St. Joseph dedicated themselves to responding to the needs of the poor and marginalized.

During the turmoil of the French Revolution, many of the Sisters were imprisoned, some even guillotined. Many escaped by taking refuge in their family homes.

In 1807, one of the Sisters who were imprisoned, Mother St. John Fontbonne, refounded the Congregation of the Sisters of St. Joseph. This new Congregation has maintained continuity over the years and since that day nearly two hundred years ago, membership has grown considerably throughout the world.



SJHS Haiti Relief

Cont'd from Pg. 1

Hosted by community and media partners in support of Haiti hospitals through the St. Joseph's Health System International Outreach Program, the Haiti Media Telethon was telecast on January 26th through CHCH News and Cable 14.

The one-day event was organized to raise funds to support two Haitian hospitals, affiliated with St. Joseph's. In addition to monetary donations, SJHS partners have also donated many essential medical items such as a sterilizer unit and a hospital capacity generator. A medical and infrastructure team was deployed to Haiti on February 13th.

Many thanks to co-chairs of the Haiti Media Telethon, Roger Trull, Vice President of University Advancement at McMaster University, and Gary Santucci, co-owner

of The Pearl Company and to local Hamilton media partners: Cable 14, CHCH News, Hamilton Spectator, AM900 CHML, Y108, 93.3 CFMU, K-Lite FM, Oldies 1150 and Talk 820 for their support in ensuring that this telethon was a success!



With the help of organizers and volunteers alike, the Haiti Telethon was a success! Pictured from L to R (Top): Brady Wood and Gabe Macaluso; (Bottom): Michelle Rickard, Lindsey Kempster and Sister Teresita McNally.



From L to R: Lucinda Landau, Elizabeth Toke and Gary Payne from St. Joseph's Healthcare's Spiritual Care Department.

we join our solitudes in the communion of struggles,' says Gary Payne, Chaplain and Professional Practice Lead. *The Tree of Hope for Haiti* invited us to share our deepest spiritual values, our cares and hopes for the people of Haiti. It encouraged us to be more aware of the fact that the struggles of one truly are the struggles of all. We laugh together and we cry together and somewhere in the midst of all that, lies hope."

"What the St. Joseph's Healthcare staff, its community and its partners have accomplished is truly inspiring."

Brian Guest, Executive Lead,
Corporate Renewal and International Outreach Program
St. Joseph's Health System

The response from staff was remarkable and many internal groups also took it upon themselves to support the hospital's relief efforts in their own ways. The St. Joseph's Spiritual Care Department set up its *Tree of Hope for Haiti* in the Main Lobby of the Charlton Campus. In just a few weeks, it went from being barren to bursting forth with messages of hope and love for those affected by the earthquake in Haiti.

The *Tree of Hope for Haiti* was another way for staff to show their support and voice their feelings and concerns for the people of Haiti as a community. "Someone once said, 'We only begin to know the power that is in us when

If you are interested in donating to the St. Joseph's Healthcare System's Haiti Relief efforts, please visit:

www.sjshaitirelief.ca

Prestigious honour goes to Chief of Lab Medicine

In recognition of his excellence in the healthcare field, Dr. Mark Crowther, Chief of Laboratory Medicine at SJHH and Hamilton Health Sciences, has been awarded the prestigious 2009 Council Award of the College of Physicians and Surgeons of Ontario.

The Council Award is presented annually and honours outstanding physicians in Ontario who have demonstrated excellence in their field and come closest to meeting the society's vision of an "ideal physician."

"This is truly a great honour and I am flattered that this has been bestowed upon me by my medical peers," says Dr. Crowther. "My contributions to the world of healthcare as physician, teacher, and colleague are deeply rooted in offering the best treatment and research, ultimately resulting in the best patient care outcomes."

The criteria for selecting a physician for the Council Award are based on the eight "physician roles" that were identified by *Educating Future Physicians of Ontario* in 1993. These roles reflect the many needs and expectations in society, and outline a model of the "ideal" physician as: Medical Expert/Clinical Decision Maker; Communicator; Collaborator; Gatekeeper/Resource Manager; Health Advocate; Learner; Scientist/Scholar; Person and Professional.

Along with his current role as Chief of Laboratory Medicine, Dr. Crowther is also Chair of the Division of Hematology and a Professor in the Department of Medicine and Pathology and Molecular Medicine at McMaster University. Dr. Crowther also holds the title of Director, Hamilton Regional Laboratory Medicine Program, is the Senior Clinical Research Advisor for the Father Sean O'Sullivan Research Centre at St. Joseph's Healthcare, and Research Director for the Sisters of St. Joseph's International Research Program. He also holds a Heart and Stroke Foundation of Canada Career Investigator Award.



Annual ceremony recognizes excellence in the physician community

Congratulations to the following physicians who were recently honoured at the annual Medical Staff Dinner meeting held at the Hamilton Golf and Country Club on January 15th, 2010.



7th Annual Sister Joan O'Sullivan Award - 2009

Awarded annually to a physician who exemplifies outstanding teaching and clinical abilities while maintaining the Mission, values, commitment and vision of St. Joseph's Healthcare and the Sisters of St. Joseph of Hamilton.

**Dr. Janet Farrell -
Department of Anesthesia**



Annual Consultant's Award - 2009

Awarded by the SJHH Department of Family Medicine in recognition of an exemplary Consultant who demonstrates a number of key qualities including respect for colleagues and patients, colle-

giality, excellent communication skills and overall quality of care.

The Peder Larsen Memorial Award for Excellence in Consultation Services

This new award is to be presented on an annual basis by the Department of Emergency Medicine in memory of Dr. Peder Larsen who passed away on September 14, 2009.

**Dr. Joseph McMullin
Department of Medicine**

(pictured above with Dr. Fionella Crombie)

Annual Residents Awards - 2009

Awarded annually to the most outstanding resident in each program.

Dr. Richelle Kruisselbrink Anesthesia
Dr. Brian Stewart Diagnostic Imaging
Dr. Caillin Langman Emergency Medicine
Dr. Robert Adam Eye Medicine/Eye Surgery
Dr. Laura Ritchie Family Medicine
Dr. Mona Bishara Lab Medicine
Dr. Kelly Strode Obstetrics & Gynecology
Dr. Rebecca Anglin Psychiatry
Dr. Kevin Kwan Surgery
Dr. Kimberly Legault Medicine (In memory of the late Dr. David Feldman who passed away March 20, 2001)

25 Year Members of Service - 2009

Dr. Christopher Allen Medicine
Dr. Audrie Bienenstock Psychiatry
Dr. Romeo Bruni Emergency Medicine
Dr. Peter Cook Psychiatry
Dr. John Deadman Psychiatry
Dr. Janet Farrell Anesthesia
Dr. Nicholas Kates Psychiatry
Dr. Keith Mann Eye Medicine/Eye Surgery
Dr. Brian Sullivan Medicine
Dr. William Wong-Pack Nuclear Medicine
Dr. David Woods Diagnostic Imaging

Taking the proper steps to improve accessibility at all St. Joe's campuses

The new *Accessibility for Ontarians with Disabilities Act* (AODA) aims to remove barriers for people with disabilities. Under this new legislation, all Ontario employers are required to meet certain accessibility standards in five important areas: Customer Service, Employment, Built Environment, Information and Communications and Transportation. Organizations are expected to be fully compliant with all five standards by 2025.

For St. Joseph's Healthcare, accessibility has been an on-going initiative since 2006. However, this new law has broadened the scope of responsibilities by implementing new standards for compliance. "St. Joseph's Healthcare is dedicated

to providing a respectful, accessible and inclusive environment for all patients, staff and visitors," says Dr. David Higgins, President of SJHH. "We are very committed to meeting this new Ontario law and I encourage everyone to fully support these efforts."

St. Joseph's has already assembled a committee of 15 representatives from all across the hospital to review, revise and provide recommendations on hospital policies, practices and procedures related to customer service. Over the next several months, we will be launching a series of new policies, procedures and training to ensure that we are fully supporting all persons with disabilities.

Overpass Walkway: Notice of Closure

The Overpass Walkway from the Mary Grace Wing to Fontbonne Wing (leading to parking garages) is slated for renovation beginning early April until June 2010. During this time, the walkway will not be accessible.

We are working on plans to provide a temporary mini-bus transportation service to transport people between the Fontbonne Building and the main entrance on Charlton as well to post walking routes during this timeframe.

To prepare for this, an ad-hoc planning team has been working to ensure that all of the potential issues which may arise as a result of this renovation project are considered.

Communication of the specific plans will be forthcoming. If you have any questions or concerns, please contact Angela Strazzeri, Redevelopment Project Manager at ext. 35946.



President's Message

Cont'd from pg. 1

This was a very difficult process and did result in some staff leaving. There have been tremendous efforts in reducing our sick and overtime rates; \$2.4 million of our saving target has been addressed by regular attendance and reducing infection. This has helped minimize and reduce impact on our service, helped us deliver more care and minimized significantly the impact upon worked hours. Reduction of infections will be crucial to further reduce costs of isolation beds, reduce pressures on staff and most of all save patient lives. I encourage you to read more about our HAPS process in this issue of *Connections*.

The crucial element going forward is that we are into a new era of healthcare. We must ensure that time and resources are not wasted. The minimization of inefficiencies will ensure that quality and safety of patients and staff is uppermost. While as individuals we strive to achieve these goals, as a system will not be able to attain significant changes unless we begin by redesigning how we

do things in our practice, in our unit and in our institution. The energy and recycling programs, for instance, have also helped deliver increased efficiencies which have diverted funds back to clinical care, support of programs and have also been good for the environment. We have had superb suggestions by our staff to the Bright Ideas Campaign. I encourage you to keep providing input on cost saving strategies to brightideas@stjoes.ca. More information on this program can also be found inside this issue.

I would like to congratulate all staff on several terrific accomplishments during the past few months. We have achieved and exceeded our sick time/absenteeism targets; compared to last year we have decreased sick days by 22.5%. The St. Joe's community has again contributed to the annual United Way Campaign by raising funds and supporting seniors through the Meals on Wheels Program.

Finally, I am certain we have all been proud to be a part of St. Joe's during the

Haiti disaster relief efforts. We have made countless contributions in the form of monetary donations, volunteer time, relief planning and delivery both in Hamilton and with our International Outreach Program in Haiti. Our first team has just returned from Haiti and I look forward to learning about their experience and upcoming plans. We need to work together to maintain the energy and impetus that has occurred in the last few years that has helped us preserve our programs.

We have achieved much in the last few years. I have every confidence that by working together, we will continue to improve the care at St. Joseph's and enable our programs to grow. I am certain that by continuing to collaborate we will maintain our focus on patient safety, quality and ensuring the best patient experience.

Dr. David Higgins
President,

St. Joseph's Healthcare Hamilton

Bright Ideas Program wants to hear from you!

We know that great ideas are often generated through employee suggestions. In the past year, employees have submitted over 75 ideas where several have been implemented or are in the course of being implemented. "We have made tremendous strides over the past year," says Dr. David Higgins, President of SJHH. "Through the Bright Ideas Campaign, our staff have contributed and continue to contribute to saving much needed resources. The contribution of these ideas has enabled St. Joe's to streamline processes, reduce costs and develop better working environments."

The Employee Culture Survey results confirm that employees want more opportunities to provide input and the new on-line Bright Ideas Program gives you this opportunity. You can find the Bright Ideas link on MyStJoes homepage where you can now review the process, track the progress of your ideas, gain submission tips and submit new ideas.

"We want to recognize our employees for their contribution," says Emma Pavlov, Vice President of Human Resources and Organizational Development at SJHH. "Over the next six months, three \$20 gift certificates from Second Cup or Tim Horton's will be awarded monthly to people who submit ideas for cost savings or streamlining practices and processes." The Bright Ideas Committee, made up of employees and management from across the organization, will draw the winners from the pool of submitted ideas.

With the goal of providing exemplary patient care, highest quality of work processes and broadening the lines of communication, all submitted ideas will be seriously considered. "We are looking for your input and suggestions," says Pam George, employee representative on the Bright Ideas Committee. "Here is a great opportunity for employees to participate in the direction of their organization and get recognized for it."

Submitted Tim McLellan, Senior HR Manager, Strategic Programs & Policy Development, SJHH

PAC hosts 2nd Annual Health Professionals Recognition Ceremony

The St. Joseph's Healthcare Professional Advisory Committee hosted the 2nd PAC Health Professionals Recognition ceremony on January 18th, 2010 where the annual Awards of Excellence were presented to much-deserving recipients. These awards were developed to recognize, acknowledge and celebrate the contributions of the PAC health professionals to the mission of St. Joseph's Healthcare. The awards for individual health professionals were defined based on the pillars of professional practice -- clinical service, research, teaching, innovation in professional practice and leadership in professional practice.

Over 37 individuals and teams were nominated by their peers, professional practice leaders and managers. Congratulations to the following:

Individual Clinical Service

Lori Lawson (*Social Work*)

Individual Teaching

Leanne Bradbury (*Occupational Therapy*)

Individual Research

Harriet Woodside (*Occupational Therapy*)

Leadership in Professional Practice

Cheryl Evans (*Nursing*)

Team Clinical Service

Chronic Disease Management (Day Therapy Program) – Clinical Nutrition, Nursing, Occupational Therapy, Pharmacy, Physiotherapy, Social Work, Therapeutic Recreation

Team Teaching

Nursing Practice and Education (*Nursing*)

Champion of Professional Practice Award

Sharon MacQueen (*Organizational Development*)

Limited after-hours access to Charlton Campus

A recent security audit conducted of all exterior doors at St. Joseph's Charlton Campus determined the total number of exterior doors open (24/7) to staff, patients and visitors and as a result, it was identified that such access actually posed a security risk.

In response to this audit, an access control plan was developed to limit after-hour access. The goal of the plan is to phase in after-hour door closures with the long term goal of only having two doors open 24/7.

As of Monday January 18th, 2010, we moved forward with phase one of securing the following doors:

Main Entrance

Level 0, Juravinski Innovation Tower

11:30 p.m. to 6:00 a.m.

Charlton Entrance

Level 0, Juravinski Innovation Tower

9:00 p.m. to 6:00 a.m.

We will be sending out future information as we continue to secure more access points.

Submitted John Scozzari, Coordinator, Security Services, SJHH



Q&A

Like our peer hospitals in the province, it is expected that St. Joseph's Healthcare will be underfunded by at least 2% in 2010/2011. The associated savings are approximately \$6 million. To balance our budget, we have been tasked with finding new revenue streams and operational efficiencies.

To help you better understand the process that St. Joseph's is taking to help balance the budget, we have provided some key questions and answers.

Is SJHH the only organization experiencing a deficit this year?

This is definitely not a challenge unique to St. Joseph's Healthcare. Approximately, 80 per cent of Ontario's hospitals are facing a budget shortfall and are looking at new revenue streams and savings strategies to help them achieve a balanced budget position.

What is St. Joseph's current financial position?

To address the 2% increase scenario, SJHH must enact \$6 million in savings in 2010/2011. This is particularly challenging as in the last fiscal year we also found \$12 million in savings.

Over the last few months, savings strategies were developed using a prioritization framework from the LHIN, with a view to minimize the impact to quality of patient care and access in the organization. Any savings are of course difficult, especially given the efficiencies we made in the last year.

How did St. Joseph's Healthcare select areas to find cost-savings?

Over the last few months, the Executive Team, Operations Council and Physician Leadership worked to find as many cost-savings strategies as possible. Hospitals are provided with a prioritization framework to help them find savings and we have developed some principles to help guide this process. It is important to note, that we tried wherever possible to minimize changes that impact the delivery of patient care and the people at SJHH.

We also used feedback you provided through our Bright Ideas program to help us find savings. Through this initiative, you gave us tremendous feedback and

your recommendations on addressing our sick time issue, overtime costs and supplies and expense costs. This front-line feedback has been invaluable in helping shape some of our initiatives.

How will the changes effect patient care at St. Joseph's?

The changes to come are part of our organization's need to 'operate within our means'. We would be diminishing the contributions of our programs and the people of St. Joseph's if we were to suggest that care would not be impacted in some way. Although this will be a difficult transition, we are committed to operating as effectively and efficiently as possible and maintaining the safety and quality of care for our patients. As always, we remain committed to delivering safe, high quality patient care.

Didn't we find cost-savings last year with our Attendance Management Program?

Last year, we challenged ourselves to find nearly \$4 million of the \$12 million in required savings by reducing our sick time. We also attempted to lessen the use of over-time and agency. For the most part, we had great success in these initiatives, and the contributions by all of the St. Joseph's team were significant. We must continue, however, to be vigilant about sick time, over-time and agency in these continuing tough times or risk needing additional savings measures.

Why are we still moving forward with redevelopment projects if we are in a deficit position?

St. Joseph's will move forward with our redevelopment projects which will enable us to meet the growing healthcare needs

of our community. These projects are paid for with Capital Funding, not Operating Funds. The funding hospitals receive for redevelopment projects is known as Capital Funding and can only be used for the purpose to which it was designated. This is one-time funding that must be used for that project otherwise it will be rescinded. The savings we need to find is captured in our Operational Funding. Capital funding cannot be invested in operations.

Are there ways that staff can help ensure we meet a balanced budget for the 2010/2011 fiscal year?

Bright Ideas Program

The Bright Ideas program encourages staff to submit savings opportunities they identify around the organization. These ideas are submitted on the MyStJoes Bright Ideas page or through email, and are tracked to implementation on MyStJoes. Staff who submit ideas are also entered into quarterly draws for coffee gift cards.

Infection Control and Hand Hygiene

Preventing Hospital Acquired Infections (HAIs) is a significant way we can all help to minimize wasted resources. Each HAI costs the hospital additional resources. By strictly adhering to the hand hygiene and other infection control protocols, we can prevent having to find more savings in the budget.

Spending Within Our Means (SWIM)

This year we are also reminding managers to carefully manage their budgets. Spending within budget means additional savings in the organization are not required. If you are experiencing budget challenges, please meet with your Director, VP or Chief of Staff or with your Financial Analyst to discuss.

The importance of the patient experience

With the support of the SJHH Executive Team, a decision was made recently to standardize the hospital's compliment and complaints management process and in late 2009, the hospital's Risk Management Department expanded its responsibilities to include **Patient Relations**.

Margaret Doma, Manager, Risk Management/Patient Relations is pleased to welcome the hospital's Patient Relations Coordinator, Karen Jeffrey.

A graduate of Brock University, Karen comes to St. Joseph's Healthcare from the Trillium Gift of Life Network where she fulfilled the role of Tissue Donation Specialist/Tissue Coordinator.

In upholding SJHH's Standards of Behaviour, the Patient Relations Department believes that every patient and family complaint is an opportunity for us to review how we provide care by focusing both on what we do well and what we

could do better. It is an opportunity for us to identify system improvements that will enhance the patient's experience. Often, how we provide care is as important as the actual care that we provide. Working with Managers, Directors, Chiefs of medical departments and the Professional Practice Leaders, our goal is to resolve patient/family complaints in an atmosphere of respect, compassion, confidentiality and fairness. We acknowledge the work that our staff do on a daily basis to both prevent and to successfully address the majority of patient and family complaints.

Patient Relations is available to patients, families and community members who may have questions, compliments or complaints with respect to the care that they or their loved ones received at SJHH and can be reached at ext. 33838 or through the Patient Relations email address at:

patientrelations@stjoes.ca

Are You Code Ready?

**Code
BROWN**

A Code Brown is called if there is an internal spill/contamination, leak, suspicious smell, gas or vapour, or discovery of an unknown substance, liquid or powder.

When a spill occurs the employee who discovers the spill is to: **1.** Immediately call telecommunications at ext 7777 (all campuses) and **2.** Clearly report the location of the Code Brown by stating " There is a Code Brown at... (Building/Wing, Floor, Department and Room Number)"

Exception: For radioactive spills, do not call a Code Brown. Call telecommunications to page the Radiation Safety Officer. For Antineoplastic/Cytotoxic Drug spills refer to Antineoplastic Administration and Spill Response Policy.

Note: Only employees who have been trained and equipped with the appropriate personal protective equipment are permitted to clean up chemical spills.

*Submitted by Stephanie Trowbridge Manager -
Emergency Preparedness, SJHH*

Patient Flow Performance Improvement Program: What you should know!



What is Patient Flow PIP?

The Patient Flow Process Improvement Program (PIP) uses 'Lean' quality improvement principles and tools to improve patient flow from registration to discharge. The program is supported by the Ministry of Health and Long Term Care (MOHLTC) and SJHH is fortunate to be one of 17 hospitals taking part in

the initiative. PIP team members are trained in quality and process improvement tools and techniques, and will lead SJHH through a structured eight-month program, diagnosing issues, designing solutions, piloting improvements and rolling out successful initiatives to other units.

What are the Patient Flow PIP Goals?

PIP's mandate is to build the capacity of hospital staff to ensure long-term, sustainable change. Our goals are to:

1. Increase patient safety & satisfaction with services.
2. Improve working environment for staff.
3. Build organizational capacity to implement change.
4. Create provincial networks to share knowledge.
5. Move our patient flow metrics towards MOHLTC targets.

What is our progress so far?

We are currently in the 'Diagnosis' phase of the PIP framework. This phase involves obtaining input, insight and suggestions from all SJHH staff on opportunities for improvement in patient flow. One tool that we have used is the 'Value Stream Map' where we were able to map the patient path from admission to discharge while quantifying wait and lag times. This critical step could not have been possible without representation and input from front line staff from many SJHH departments.

If you have any ideas to improve patient flow, please forward them to Michelle Joyner at ext. 32952 or Brooke Cowell at ext. 33635.

Submitted by Jessica Fry, Performance Improvement Consultant, SJHH & Michelle Joyner, Manager - Patient Flow, SJHH

The latest Payday Payouts winners are...

St. Joseph's
Healthcare Hamilton
FOUNDATION

This is your chance to win over \$5,000 every payday! While half of the lottery proceeds make up the ever-growing prize amount, the other half supports patient care initiatives and staff education at St. Joseph's Healthcare Hamilton.

Winner: Gurcharan Tung
Department: Housekeeping Dept.
Draw Date: December 10th, 2009
Prize Amount: \$5,379.00

Winner: Ellen (Teresa) Tomlinson
Department: Palliative Care
Draw Date: December 24th, 2009
Prize Amount: \$5,383.50

Winner: Teresa Morosin
Department: Nephrology
Draw Date: January 7th, 2010
Prize Amount: \$5,355.00

Winner: Judy Baird
Department: Eye Clinic
Draw Date: January 21st, 2010
Prize Amount: \$5,395.50

Winner: Lucy Sebastian
Department: Cardiac Care
Draw Date: February 4th, 2010
Prize Amount: \$5,415.00

For more information on PayDay Payouts, contact St. Joe's Foundation at (905) 521-6036.



President & CEO's Message



Stay up-to-date on what's happening at the the St. Joseph's Health System.

...Coming Soon!

It's not too late to register for Around the Bay!

With the 116th annual Around the Bay Road Race in Hamilton sold out, St. Joseph's Healthcare Foundation has a limited number of charity spots still available.

Registration fees for the charity spots are: \$250 for the 5k, \$500 for the 30k and \$1,000 for the relays. While the registration fee is paid upfront, runners can be refunded by the Foundation through pledges collected, online or in person, from family and friends.

The Niagara Catholic Angels, a group of Catholic teachers from the Niagara region, have secured their charity spot and are already collecting pledges to support the Foundation.

"St. Joseph's Healthcare Hamilton provides life sustaining services for everyone, including Niagara residents. We chose to participate in this race

because the funds raised are going to be used for such a wonderful cause," says Mary-Ann McKinley, who is running with the Niagara Catholic Angels.

This year, funds raised through the race will advance patient care by supporting a number of projects, including the new Surgical Centre at the Charlton Campus, the new facility at the West 5th Campus and ongoing research that takes place at St. Joseph's every day.

A list of runners, with links to their online pledge forms, can be found on the Around the Bay website.

To register for one of St. Joseph's Healthcare Foundation's charity spots, e-mail janine@stjoesfoundation.ca or call (905) 522-1155, ext. 35976. For more information, be sure to visit www.aroundthebayroadrace.com.



CONNECTIONS

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We want to hear from you!

Please send us your comments, suggestions, story ideas or submissions. The Public Affairs Department reserves the right to edit and print your submissions as space permits. Submissions are subject to approval. Submissions must be received by the 10th of each month.

Public Affairs Department, Rm T1407
50 Charlton Avenue East, Hamilton ON L8N 4A6
Telephone: (905) 522-1155 ext. 33423 Fax: (905) 540-6531 Email: kdebreau@stjoes.ca

Managing Editor: Brady Wood **Editor:** Karen DeBreau **Contributors:** Debbie Silva, Lindsay Whelan, Michelle Rickard **Photography:** Craig Peters