

connections

MARCH • 2014



FLOOD RESPONSE //

Above: Registered Nurses pictured with surgical services equipment that was moved out of the affected areas.

Main: Dr. Ian Preyra, Chief Emergency Physician, stands in front of hoarding that separates the flood damaged construction zone from the functioning patient area in the Emergency Department.



Transforming Patient Care in the Midst of a Crisis

On January 8, 2014 a fire hose standpipe burst at the Charlton Campus of St. Joseph's Healthcare Hamilton (SJHH), flooding 12 state-of-the-art operating suites and the sterile core. Within minutes, water was flooding the floors below - including the Emergency Department (ED, Diagnostic Imaging department and the Medical Device Reprocessing department. All told, more than 60,000 square feet clinical and support space was affected - requiring immediate cancellations of scheduled and emergency surgery, the closure of the emergency department and delay in providing some diagnostic care.

Staff mobilized immediately, calling a hospital-wide Code Aqua (flood) and Code Green (evacuation) for the emergency department, and launching into action to save millions

of dollars worth of equipment and supplies in the Diagnostic Imaging and Medical Device Reprocessing departments. Emergency Medical Services temporarily diverted ambulances to Hamilton Health Sciences hospitals as our Emergency Department and Surgical Services teams quickly innovated new ways to maximize patient care in light of the crisis situation.

"In the Emergency Department our priority was to evacuate patients to safe areas, and to establish an area where we could continue to provide acute care for those unable to move," explains Dr. Ian Preyra, Chief of Emergency Medicine. "We were down by about 60% of our physical capacity, but we couldn't redirect for long. We needed a solution to maximize the

[CONT'D TRANSFORMING... PG 2](#)

BY THE NUMBERS //

1 ONE BURST FIRE HOSE STANDPIPE

60,000 OVER 60,000 SQ. FT. AFFECTED

28 OVER 28 CONSTRUCTION ZONES REMEDIATED

42 REMEDIATION OF CONSTRUCTION ZONES OCCURRED OVER A TOTAL OF 42 DAYS BETWEEN JANUARY 8 AND FEBRUARY 18



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27 Feb 2014

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Transforming Patient Care in the Midst of a Crisis

beds and space we had left.” Within 72 hours, St. Joseph’s staff had collaborated to launch a Medical Surgical Assessment Unit (MSAU).

Similar innovation was happening in the surgical program, as leaders there brainstormed how to bring surgical capacity back on line in the absence of a surgical centre. To do so, the hospital leveraged its role as an academic centre by equipping four OR’s used for teaching and overflow to the same standard as those damaged by the flood. Staff at our King Campus worked to outfit some of their ORs with the equipment needed to perform additional, more complex surgical cases previously done exclusively at Charlton Campus.

“Our ability to quickly mobilize new solutions was possible because of the innovative thinking of

our team, and the flexibility of our specialists who were open to new ways of doing things – all in the best interests of patient care,” says Dr. Anthony Adili, Chief of Surgery.

The MSAU and interim surgical plan were creative and necessary transformations that quickly enabled St. Joseph’s Healthcare Hamilton to restore care, despite the dramatic physical damage that occurred as a result of the flood. “In a hospital, we don’t have the luxury of closing while we return to ‘normal’ facilities and operations,” says President Dr. David Higgins. “It is amazing to see how a crisis like this one brings together innovative thinking and a true sense of collaboration between our hospital campuses and with our healthcare partners across the city.” ●

SNAPS //

Main: Dr. Anthony Adili, Chief of Surgery stands in front of hoarding where the Main Entrance was being repaired at the Charlton Campus.

Top Left: John Raposo, RN & Aaron Haines, RN are seen moving equipment within part of the Emergency Department.

Top Right: Wendy Davis from our Housekeeping working to prepare a room in the Emergency Department as part of the clean-up efforts.



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St. Joseph's Hospital Staff Branch
Room G1104 or call ext 32910

HOURS OF OPERATION

Mon, Tues, Thurs, Fri...8:30am to 4:30pm

Wed....10:30am to 5:00pm

Closed Daily from
1:30pm to 2:30pm



Housewarming // St. Joe's New West 5th Campus Facility Welcomes First Patient

BY THE NUMBERS //

205 PATIENT MOVE DAY RELOCATED 205 PATIENTS FROM THE FORMER WEST 5TH CAMPUS TO THE NEW BUILDING

500 OVER 500 STAFF WERE ALSO INVOLVED IN THE MOVE

75 OVER 75 VOLUNTEERS PARTICIPATED

200+400 IN TOTAL, 200 GONDOLAS AND 400 TOTE BINS OF EQUIPMENT AND SUPPLIES WERE TRANSFERRED

12,600 THE MOVE ENTAILED 12,600 ROUND TRIPS BETWEEN THE OLD AND NEW BUILDINGS

6.5 PATIENT MOVE DAY WAS COMPLETED IN SIX-AND-A-HALF HOURS

On February 9th St. Joseph's Healthcare Hamilton's new facility, The Margaret and Charles Juravinski Centre for Integrated Healthcare at the West 5th Campus welcomed its first patient. Jessica Bennett, a 26 year-old Hamilton resident, was lead through the entrance way by hospital leadership and members of her healthcare team to meet a warm welcome from happy and helpful volunteers and staff.

The act of moving has been a year in planning for our dedicated staff at St. Joseph's Healthcare Hamilton. Over 500 staff and volunteers carefully orchestrated and transferred all patients safely from the old facility to the new one.

"Our staff, physicians, and volunteers will remember this as the day we welcomed our patients into the new facility at the West 5th Campus for years to come," says Dr. David Higgins, President, St. Joseph's Healthcare Hamilton. "By continuing to provide kind and compassionate care each and every day, our patients and their loved ones will remember this day as a new beginning filled with hope."

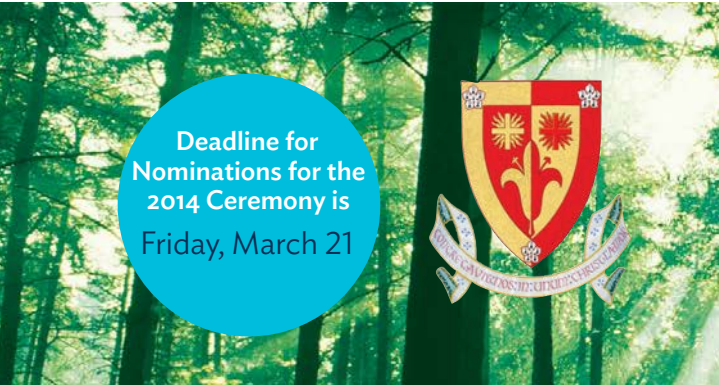
With the opening of the new facility, St. Joseph's Healthcare has set out to re-imagine medical and mental health care. Through research and innovation, and a deep commitment to compassionate, patient-centred care, this regional facility is poised to help break down barriers to holistic care for the mind, body and soul. ●

f ON THE WEB //

Visit us on Facebook for more photos of the Patient Move Day

facebook.com/stjosephshealthcarefoundation





Deadline for Nominations for the 2014 Ceremony is Friday, March 21



Those eligible are any of the following individuals:

- ▷ Sisters of St. Joseph of Hamilton
- ▷ Volunteer Board Members
- ▷ Employees at management and staff levels
- ▷ Volunteers
- ▷ Physicians

For more information and to obtain a nomination form and award brochure:

 www.StJoes.ca / MissionLegacyAwards

 905.522.1155 ext. 32176

 president@stjoes.ca

CALL FOR NOMINATIONS //

Mission Legacy Award

Presented by the Sisters of St. Joseph of Hamilton

The Sisters of St. Joseph of Hamilton's Mission Legacy Awards are the highest honour bestowed by our organization recognizing those who have contributed in an exceptional manner to the health care ministry of the Sisters of St. Joseph of Hamilton & St. Joseph's Healthcare Hamilton (SJHH) and our Foundation (SJH Foundation).

Any individual or group (internally or externally) is welcome to nominate a deserving individual as a candidate to receive this award. The nomination of posthumous candidates is also welcome.

Nominations must include a summary explaining how this individual has contributed to the legacy and Mission of the Sisters of St. Joseph of Hamilton, SJHH and/or SJH Foundation, as well as the contact details of the nominator. Nominations received by Friday March 21st will be considered for the 2014 Awards. ●

[Click here](#) to download the Nomination Brochure

[Click here](#) to download the Nomination Form

PAYDAY LOTTERY WINNERS

January 17, 2014
Tracy Woodward of Urology
Charlton Campus, \$7,363.50

January 31, 2014
Kelley Scime of C.O.A.S.T.
Charlton Campus, \$7,299.00

February 14, 2014
Lystra Jerome of Nephrology
Charlton Campus, \$7,288.50

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is published monthly by the St. Joseph's Healthcare Hamilton Public Affairs Department

Send your comments, suggestions, story ideas or submissions to:

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Sara's Story // An Evening of Music to Benefit the Stay Well Program

Sara Dishart always loved to sing. She learned to play guitar when she was 18 with the help of her musician father, Kevin Dishart. While growing up, Sara and her dad would play together for local seniors' centres from time to time to bring some musical enjoyment to the lives of residents. As time went on, Sara would go to University, study physical and health education, and land squarely at St. Joseph's Healthcare Hamilton as the coordinator of the Stay Well program at the King Campus...a program that enabled her to continue working with the population she had once entertained as a teenager.

St. Joseph's Stay Well program is designed to meet the growing need for medically supervised exercise and mobility training for older adults and patients recovering from a stroke, chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF), diabetes and more. It provides a safe environment for physical recovery after a patient's prescribed rehabilitation program may have ended.

Sara has been with the Stay Well program for five years, and during that time she has watched as the program has grown and evolved to include more

and more patients. But with the growing demand for the program's services comes a corresponding need for more recumbent stationary bikes, arm ergometers, cardiovascular machines and specialized equipment.

"Since starting here at St. Joe's, I've witnessed how important this program is to helping people to recover more fully and regain their mobility and independence. It's inspirational to be a part of this great team of care providers and I wanted to do something beyond my role as a coordinator to help our program and the patients we serve."

Music still plays a large part in Sara's life. She and a friend play in local bars and restaurants under the name Lily and the Hammer. So Sara brought her musical talents together to benefit the program that is close to her heart. She planned a third-party fundraising event entitled An Evening of Music to benefit St. Joseph's Healthcare Foundation and specifically designated the funds she raised to support the Stay Well Program.

Sara's event was widely supported by her manager, Heather Radman, Manager of the Stay Well Program and Julie Holmes, Site Director for the King Campus. On the

evening of Friday, November 22nd, 2013 more than 80 staff, friends, family, and patients gathered in the Staircase Theatre on Dundurn Street to hear Sara and her friends play covers and original music from the 70s, 80s and 90s.

Through ticket sales and donations Sara raised more than \$1,400 to support the Stay Well Program at St. Joe's. The event was such a great success that Sara is considering making it an annual concert! We at St. Joseph's Healthcare Foundation would like to thank Sara for her generous support, her unquestionable talent as a musician, and her kind heart that compelled her to host this event. ●

Would you like to host an event to support St. Joe's?

Call the Foundation and we'll help you to make that happen!

Contact:

Adam Tillich

Special Events Officer

Tel: 905.522.1155, ext. 35973



Connecting with St. Joe's Foundation

March 2014

in support of

St. Joseph's
Healthcare Hamilton
FOUNDATION



Be a Part of Bay Race History //

It might not feel like spring just yet, but that hasn't stopped thousands of runners, walkers, elite athletes and enthusiastic fundraisers from taking to the streets to gear up for this year's historic Around the Bay Road Race in support of St. Joseph's Healthcare Foundation. Taking place on Sunday, March 30, 2014 the Bay Race is celebrating its 120th year, making it the oldest road race in North America.

2014 also marks the 10th anniversary of our Foundation becoming the sole charity beneficiary of funds raised through the Bay Race. Over the past decade, more than \$1.5 million has been raised to support our patient care and research and this year we've set a lofty goal of raising \$400,000 to support projects like the recently opening mental health and medical care centre on our West 5th Campus.

"Hamilton is an amazing city, and the Bay Race truly captures both the determination and the generosity of its residents. It's a part of the fabric of our community," says Sera Filice-Armenio, President and CEO of St. Joseph's

Healthcare Foundation. "We are so grateful to our St. Joe's staff and grateful patients for joining the walkers, runners, local businesses & organizations and the friends of St. Joe's who come together to be a part of a world-class running event that supports a world class Hospital."

St. Joe's staff is stepping up to the plate with fundraising teams that include Lung Cancer, Challenger, Researchers on the Run, Wellness, Bridge to Recovery, Unbreakable, Volunteer & Visitor Services, GI Janes and ICU. There are also more than 20 local organizations and corporations who have pledged to raise \$10,000 each for the hospital and many of these represent organizations as synonymous with Hamilton as the race itself and each one has their personal reasons for fundraising for St. Joe's.

This year's \$5k Challenge for 5k has a very enthusiastic community champion in Ilya Pinassi, Vice-President of Parkway Motors in Hamilton. He has invited five other local entrepreneurs and business leaders to join him in running and raising

funds in the 5k race category. This formidable team of six hopes to raise \$30,000 to support St. Joe's!

At the recent media launch of the 120th Bay Race Pinassi said, "I'm honoured to take on the Bay Race for a few reasons: my family has lived experience with mental illness and I believe in raising funds to support mental health and addiction care in our community, I believe strongly in the health sciences sector in Hamilton and the jobs and innovation it has brought our city, and I'm truly thankful to the staff at St. Joe's for the safe and speedy delivery of my young son."

With all these great stories, it's easy to catch Bay Race fever! You can still get into the race with a St. Joe's Charity Spot or sponsor someone else who is taking part by visiting stjoesfoundation.ca. Whether you choose to walk, run, raise funds or sponsor, you can be a part of history in the 120th Around the Bay Road Race in support of St. Joseph's Healthcare Foundation. ●

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February 18th – March 19th, 2014

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