

Orthoptic Eye Exam

What is an orthoptic eye exam?

An orthoptic eye exam is done to measure how much the eye turns from various positions. Prisms are used to assess your visual acuity. Visual acuity means that the clearness of your vision is tested. During the exam your stronger eye is patched.

Why do I need an orthoptic exam?

An orthoptic exam provides information to your ophthalmologist on:

- Amblyopia (lazy eye)
- Binocular vision (not being able to use your eyes together)
- Abnormal eye moments (caused by injury or disease)
- Diplopia (double vision)

The day of your appointment:

- Plan to arrive no more than 15 minutes before your appointment time.
- You will not be getting eye drops and will be able to drive yourself after your appointment.



When you arrive:

1. Clean your hands with the pump provided.
2. Sit in the waiting room
3. Wait to be called to the Registration desk. You will be called according to your scheduled appointment time – not the time you arrive
4. Register at the Registration desk when called. Be prepared to show your Ontario Health card.
5. After registering, the orthoptist will escort you to the orthoptic exam room. Your appointment will be about 15 to 45 minutes.



Plan to be at the Eye Clinic about 1 hour. There are many doctors and patients in this clinic for many tests and procedures so you may see people go in “out of order”.