

# Changing the PICC dressing with a Stat lock

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The dressing needs to be changed every \_\_\_\_\_ days and when it becomes loose or wet. \_\_\_\_\_ is the type of dressing for the PICC. The stat lock needs to be changed weekly or if it is soiled.

## Supplies

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|---|--|
| <input type="checkbox"/> antiseptic of choice | <input type="checkbox"/> garbage bag   |
| <input type="checkbox"/> dressing of choice   | <input type="checkbox"/> alcohol wipes |
| <input type="checkbox"/> gloves               | <input type="checkbox"/> mask          |
| <input type="checkbox"/> clean towel          | <input type="checkbox"/> stat lock     |
| <input type="checkbox"/> skin closure strips  |  |

## Getting ready

1. Put on mask.
2. Wash hands, rubbing them hard and well.
3. Put supplies on a clean, unused towel.
4. Put on gloves.
5. Gently remove the old dressing, pulling from the bottom up.
6. As taught. Carefully remove the stat lock. Loosen the stat lock by rubbing the pad with alcohol wipes. Gently stroke the underside of the pad with the alcohol to dissolve the adhesive as the pad lifts away from the skin. Once loose, take hold of the stat lock (being careful not to pull on the PICC line) and lift the plastic doors one side at a time to release the PICC. Carefully remove the PICC from the lock. Be careful not to pull the PICC out.
7. Without touching the inside of the old dressing, throw it in the garbage.
8. Take off and throw out gloves.

9. Check the skin for any of these signs:

- redness
- swelling
- tenderness or soreness
- discharge

**If you see any of these signs, finish the dressing and call the nursing unit or your visiting nurse.**

## Cleaning the site

1. Wash hands again.
2. Put on gloves.
3. Clean the skin around the PICC with the antiseptic. Start where the PICC exits the skin and work to the outside. Clean in circles. Do this three times using a clean antiseptic wipe each time. Clean an area a little bigger than the size of your dressing.
4. With the antiseptic, clean any part of the PICC that will be under the dressing. Start where the PICC exits the skin and work down the PICC.
5. Allow the skin to dry. Do not blow on the area to make the antiseptic dry faster.
6. Apply stat lock. Place the first posts on the stat lock into the hole on the wing of the PICC. Slide the second post over until it is under the other hole on the wing of the PICC. Close the stat lock doors over the wing of the PICC. Remove the paper backing on the stat lock and stick stat lock onto skin.
7. Put on the dressing.
8. Place another skin closure strip around the hub where it exits the dressing.