



**A New Centralized Interventional Radiology Service: Right Place, Right Time, Right Care**



Dr. Sriharsha Athreya, Lead Interventional Radiologist, and Sandra Reis Welsh, Senior Registered Medical Radiation Technologist, performing an interventional radiology procedure at the Centre for Interventional Radiology & Oncology (CIRO).

The new Centre for Interventional Radiology & Oncology (CIRO) at St. Joseph's Healthcare Hamilton's Charlton Campus provides minimally invasive treatments or procedures that offer less risk, less pain and less recovery time compared to open surgery.

CIRO is part of the Diagnostic Imaging Department and is one of the twelve projects prioritized for radical transformation as part of St. Joseph's Healthcare Hamilton's five year strategic plan, Mapping Our Future. CIRO's multidisciplinary team performs a vast range of procedures ranging from angioplasty to embolization to radiofrequency ablation of tumours. The Interventional Radiology team is supported by Dr. M. Voss and Dr. D. Wood as well as technologists, nurses and administration staff.

Before the centralization of Ultrasound, CT and Angio-Interventional procedures, arriving patients would be received in the Day Surgery, then a porter would guide the patient down to a procedure room in Bishop Dowling, followed by the patient being led back to the Day Surgery for observation and recovery.

"What we used to have was a disjointed service. We knew it was confusing for patients, for clinicians, even for our porters," says Dr. Sriharsha Athreya, Interventional Radiologist. "We were determined to redesign and streamline the service to make it patient and family centred. Today, our patient comes into CIRO, is greeted by our reception, prepared for their procedure by our team, the procedure is completed and the patient

recovers – all in the same space."

In this new centralized model, there is now one number to call for interventional radiology services, one fax number for referral and one location for patients and families to locate when they arrive. ●

**Centre for Interventional Radiology & Oncology**

 Rm D154, Bishop Dowling Level 1, Charlton Campus

 905.522.1155 ext. 32731

 [www.StJoes.ca/CIRO](http://www.StJoes.ca/CIRO)

**Referrals:**

Fax referrals to 905.540.6576

**For more information, contact:**

Ahmed Mujaffar  
Manager, Diagnostic Imaging  
905.522.1155 ext. 35240




**CTV Canada AM** @CTVCanadaAM 15 Apr 2014

Looking forward to it! RT @STJOESHAMILTON: Catch Dr. Paul O'Byrne on @CTVCanadaAM at 7am talk info about a new potential treatment for asthma. [Click here](#) for the story.




**INSIDE THIS ISSUE //**

St. Joe's Organ & Tissue Donation Campaign	2
2014 Mission Legacy Awards	3
St. Joseph's Nursing Alumni Anniversary	4



At any given time, 1,500 people in Ontario are waiting for a life-saving organ transplant. Carol no longer needs to wait after receiving a double lung transplant in 2006.

[www.BeADonor.ca/StJoes](http://www.BeADonor.ca/StJoes)



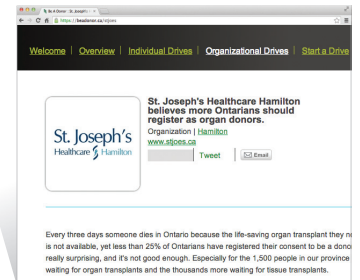
**Be a Hero, Be a Donor // St. Joe's Organ & Tissue Donation Campaign**

**S**ign Up Today and Become Someone's Superhero! Visit [BeADonor.ca/StJoes](http://BeADonor.ca/StJoes) in the month of June to register your consent using your health card. It only takes two minutes and you could one day save up to 8 lives and enhance 75 more through tissue donation. St. Joseph's Healthcare Hamilton is encouraging all of our staff and community to register today to help save someone tomorrow!


"We were very surprised to learn that over 1,500 Ontarians are waiting for a life-saving organ transplant

but less than 25% of Ontarians have registered their consent to be donors", said Winnie Doyle, Vice President, St. Joseph's Healthcare Hamilton, "With this month's campaign and some encouragement we know we can help raise the registration rate in Hamilton."

The month of June at St. Joe's is dedicated to increasing awareness for organ and tissue donation in Ontario as well as celebrating the cause. Becoming a registered organ donor is easy and just might be the greatest gift you ever give to another! ●



**For more information**

-  [BeADonor.ca/StJoes](http://BeADonor.ca/StJoes)
-  [PublicAffairs@stjoes.ca](mailto:PublicAffairs@stjoes.ca)
-  905.522.1155 ext. 33408



**Don't Let THESE RATES Expire!**

*Special Rates on Term Deposits for a limited time only!*

**HMECU** Healthcare and Municipal Employees' Credit Union

HMECU  
St. Joseph's Hospital Staff Branch  
Room G1104 or call ext 32910  
[www.hmecu.com](http://www.hmecu.com)

**HOURS OF OPERATION**  
Mon, Tues, Thurs, Fri... 8:30am to 4:30pm  
Wednesdays..... 10:30am to 5:00pm  
Closed Daily from..... 1:30pm to 2:30pm







**Please join us to celebrate these exceptional individuals**

Thursday, July 10 at 1:30 p.m.

Frank Charles Miller Amphitheatre  
Charlton Campus

**Please R.S.V.P  
by Friday, June 20<sup>th</sup>**

 905.522.1155 ext. 33408

 [Events@StJoes.ca](mailto:Events@StJoes.ca)

## 2014 // Mission Legacy Awards

Honouring those who have made a lasting impression on St. Joseph's Healthcare Hamilton

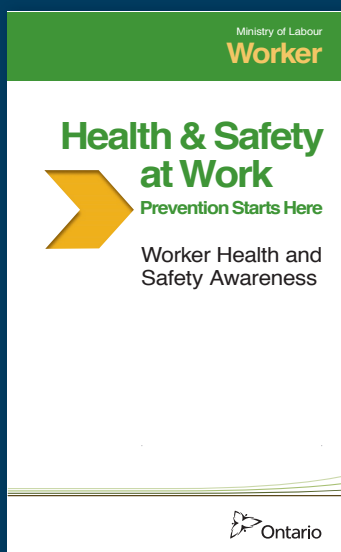
The Sisters of St. Joseph of Hamilton's Mission Legacy Award recognizes key individuals who, in their time at St. Joseph's Healthcare Hamilton, have lived the Mission and values left behind by our Founders, the Sisters of St. Joseph of Hamilton.

Presented on an annual basis, these awards honour volunteer board members, the Sisters of St. Joseph of Hamilton, internal staff, volunteers, and physicians, past or present, who have left a lasting impression on our organization through their work. Each individual's contributions are measured against the current values and Mission of St. Joseph's Healthcare Hamilton.

These awards are presented annually and all submissions are kept on hand for consideration in future years.

**Congratulations to the following 2014 Mission Legacy Award winners:**

- ▶ Mr. Mario Cupido
- ▶ Ms. Jean Haste Mitchell
- ▶ Dr. Alezandre Dauphin
- ▶ Ms. Stephanie Pust
- ▶ Ms. Susan Hollis
- ▶ Mr. Bruce Straughann



## Mandatory Health & Safety Awareness Training for all staff

A new regulation has been released under the Occupational Health & Safety Act (O.Reg 297/13). All Managers/Supervisors must attend one education session. Managers/Supervisors must assign training to all their staff individually, or may deliver a training session to staff in groups using the prepared training module.

### For more information

Please contact Occupational Health & Safety

 [sdowhan@stjoes.ca](mailto:sdowhan@stjoes.ca)  905.522.1155 ext. 33649

# Happening at St. Joe's

## National Physiotherapy Month



**D**id you know, physiotherapists (PT) at St. Joe's are conducting a groundbreaking research study of early rehabilitation in the ICU. "TryCYCLE" is a study of in-bed cycling with ICU patients receiving life support, and is the only one of its kind in Canada. ICU PTs provide in-bed cycling 30 minutes/day, 6 days/week. This research is funded by the Canadian Institutes of Health Research, and led by Dr. Michelle Kho, Canada Research Chair, and clinician-scientist from the St. Joseph's Healthcare Physiotherapy Department and McMaster University. ●



Pictured above is an example of in-bed cycling. Andrea Giroux, a McMaster Physiotherapy student is receiving in-bed cycling, supervised by Daana Ajami, one of the Physiotherapists who cares for patients in the ICU at St. Joseph's Healthcare.

## Golden Girls Celebrate a Golden Jubilee



**O**n Friday, May 30, 2014 over 400 alumnae from St. Joseph's School of Nursing gathered to remember, reunite and relive the memories they shared as students of St. Joseph's Nursing program. In 1911, St. Joseph's Nursing School opened and their alumnae group has grown to 595 members, the largest nursing alumnae association in Canada. On May 30<sup>th</sup>, the 50<sup>th</sup> graduating class celebrated a golden jubilee—the 50<sup>th</sup> anniversary of their graduation in 1964.

Congratulations to the Class of 1964 and to all of the St. Joseph's Nursing Alumnae who lived the legacy of the Sisters of St. Joseph of Hamilton with compassionate care, faith and discovery. ●



**A new season of the lottery is here with more tickets than ever before!**

Visit [stjoesfoundation.ca](http://stjoesfoundation.ca) and click on 'Staff Programs' to download the enrollment form.

**May 9, 2014**

Ann Hennessy  
General Internal Medicine, Charlton Campus  
\$7,819.50

**May 23, 2014**

Sean Roopnarine  
Central Patient Portering, Charlton Campus  
\$7,891.50

## connections

is published monthly by the St. Joseph's Healthcare Hamilton Public Affairs Department

Send your comments, suggestions, story ideas or submissions to:

Public Affairs Department  
Level 1, 225 James St. South  
Tel: 905.522.1155, ext. 33423  
Email: [lwhelan@stjoes.ca](mailto:lwhelan@stjoes.ca)


Connect with us:

[www.stjoes.ca](http://www.stjoes.ca)

 @STJOESHAMILTON

 /stjoeshealthcare

foundation

 St. Joseph's

Healthcare Hamilton

 /user/Stjoesfoundation





Above: At our Mental Health Morning event in May, Danielle received a St. Joe's 2014 Spirit of Hope Award as did David Williams of Rainbow's End. The event featured Mary Walsh as keynote speaker, shown here between Foundation president Sera Filice-Armenio and Hospital president David Higgins.

## Spirit of Hope Recipient Rides Away Stigma

Local mental healthcare professional and advocate Danielle Berman is embarking on a cross-Canada cycling trip called Ride Away Stigma to encourage open conversations about mental wellness while raising funds for three local organizations, including St. Joe's. In recognition of her dedication to mental wellness, Danielle recently received a Spirit of Hope Award at our annual

Mental Health Morning event.

When Danielle was just 13 years old her father, who was a prominent local physician living with depression, took his own life. After recovering from her own brush with mental illness, Danielle wanted to do something special to help battle stigma and enable those living with mental illness to find their voice and be heard. This July, on the 15<sup>th</sup> anniversary of her father's passing, Danielle begins her ride in Vancouver

and will cycle home to Hamilton. A campaign closing ceremony will take place at Dundas Driving Park when she returns on September 7.

So far Danielle has raised over \$11,000. If you would like to help reach the campaign fundraising goal of \$60,000 visit the Foundation website: [stjoesfoundation.ca/community-giving-rideawaystigma](http://stjoesfoundation.ca/community-giving-rideawaystigma). You can read more about Danielle's story here: [rideawaystigma.com](http://rideawaystigma.com) ●

## Leaving a Lasting Legacy of Care



At St. Joe's Foundation we often hear heart-warming stories from grateful patients and families who make donations to say thanks for the care they received. We also hear from staff members who have a desire to extend their legacy of caring beyond their retirement...they're often surprised to learn there are many ways to make a meaningful gift that don't require having large sums of disposable income.

Did you know that retirement funds can make an excellent charitable gift and also generate a tax credit for your estate? Canadians with a Registered Retirement Savings Plan (RRSP) or a Registered Retired

Income Fund (RRIF) can name a charity as the beneficiary of these plans. This novel method of giving lowers probate fees since the funds are not part of the will or estate. The estate will receive a corresponding tax receipt (once the funds are received by the charity) which could help offset estate taxes payable to Canada Revenue Agency.

If you would like to learn more about planning a legacy gift that makes a positive impact for a future generation of St. Joe's patients and staff, call or email Lisa at ext 35978 or [lisa@stjoesfoundation.ca](mailto:lisa@stjoesfoundation.ca). ●





FATHER'S DAY  
June 15

## Gifts of Caring

Give your Dad the gift of a healthier community this Father's Day with St. Joe's Gifts of Caring

Visit [stjoesfoundation.ca/GiftsofCaring](http://stjoesfoundation.ca/GiftsofCaring) for unique Father's Day presents!



FRIDAY  
June 20

Jeans  
FOR St. Joe's

St. Joseph's  
Healthcare & Hamilton  
FOUNDATION

## You asked. We Listened.

**Denim Days** are coming to St. Joe's.

Beginning Friday, June 20<sup>th</sup>, donate \$2 to St. Joe's Foundation and wear jeans for St. Joe's.

*Denim Days* will take place every payday Friday.



THE RIDE BEGINS  
TUESDAY  
July 15

If you would like to help Ride Away Stigma's Danielle Berman reach her fundraising goal of \$60,000 visit the Foundation website: [stjoesfoundation.ca/community-giving-](http://stjoesfoundation.ca/community-giving-)



FUNDRAISING GOAL: \$60,000

FUNDRAISING PROGRESS: \$11,650

